

The Dizziness and Balance Support Group of Buffalo & Western New York meets monthly in Kenmore, NY.

This group is a not-for-profit, self-help support group whose primary purpose is for those with dizziness and balance problems to share information with each other about living with our various challenges. By offering personal support, group members can help one another to cope with issues related to their dizziness problems, and to learn about the existence of health providers in the area who may be able to help medically. The group also helps to increase the public's awareness of dizziness and balance disorders.

The group serves residents of the Buffalo and Western New York State area, plus neighboring regions, including the Niagara Peninsula of Ontario, Canada. Anyone with a dizziness/vertigo/balance condition is welcome to join.

Contact: (716) 838-3730 or email [info@dizzygroup.org](mailto:info@dizzygroup.org)