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Unilateral hearing loss in children: Characteristics, clinical management, and outcomes







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Child Hearing Lab group

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- MUHL Team: A. Durieux-Smith, I. Gaboury, D., D. Coyle, J. Olds, M. Pigeon, D. Neuss
- CHEO Audiology Team







Ontario Ministry of Industry and Innovation Early Researcher Award

In the olden days...







Effects of unilateral hearing loss In the olden days...

 In the early 1980s, audiologists learned there were no effects:

"...audiologists and otolaryngologists are not usually concerned over such deafness, other than to identify its etiology and assure the parents that there will be no handicap." (Northern & Downs, 1978 textbook)













Topics



- Characteristics of mild/unilateral hearing loss
- Clinical practices
- Consequences
 - outcomes
 - parents' experiences/preferences











"While many North American screening programmes include babies with permanent mild and **unilateral** hearing loss in their target group, NHSP does not: it aims to identify all children with a moderate-profound PCHL in the better hearing ear.

As a by-product, the screen will also identify a number of babies who have unilateral and in some cases mild permanent hearing loss, as well as temporary hearing loss."



Ontario Infant Hearing Program target disorder

"It is appropriate to include in the IHP target definition children with unilateral PCHI because: (i) they are at risk for bilateral PCHI, (ii) they are at risk for increased disability should the normal ear acquire a conductive disorder, even if transient, and (iii) specific strategies are indicated to enhance hearing and/or communication development in such children. "









- About 1 in 1000 newborns (Lieu, 2010)
- .6 to .7 in 1000 newborns (CDC, 2014)
- Prevalence increases with age to about 2.5 per 100 in adolescents (Shargorodsky et al, 2010)





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New challenges from newborn hearing screening



Consequences of childhood mild bilateral and unilateral hearing loss loss (MUHL)



E. Fitzpatrick, A. Durieux-Smith, I. Gaboury, D. Coyle





Definition of **unilateral** / mild bilateral hearing loss

- Unilateral refers to a pure-tone air average ≥ 20 dB or thresholds > 25 dB at two or more frequencies in one ear only
- Mild refers to an average pure-tone air conduction threshold between 20 and 40 dB HL or thresholds > 25 dB HL at two or more frequencies above 2000 Hz



National Workshop on Mild and Unilateral Hearing Loss (2005)

Ottawa / Ontario context

- Screening/Early Hearing Detection and Intervention 2003
- Ontario protocol 2 stage screen hospital / community
- ~14,000 babies annually
- > 95% coverage
- Diagnostic audiology/follow-up
 - CHEO-(publicly funded pediatric hospital)







Severity of hearing loss for children diagnosed at CHEO (n=635) 2003-2017



Diagnosis Year



Age of confirmation pre and post-UNHS (n=337)



Fitzpatrick et al. 2014. Mild bilateral and unilateral hearing loss in childhood: A 20-year view of hearing characteristics, and audiologic practices before and after newborn hearing screening. Ear and Hearing, 35, 10-18.





Age at diagnosis pre vs post-UNHS









Children with UHL at diagnosis





Children with Unilateral HL (n=151) Etiology of HL





- Neurodegenerative Disorders
- Chemotherapy
- Postnatal infection
- Prenatal infection
- NICU graduate
- Hereditary/genetic
- HL syndrome
- ENT malformation
- Unknown



Children with Unilateral HL (n=151) Onset of HL







Children with Unilateral HL (n=151) Degree impaired ear at confirmation







Children with Unilateral HL (N=147) Age at Diagnosis by Onset



Progressive hearing loss -traditional definition



Right Far PTA Change in 3 frequency PTAIL 0 dB Mild to Severe - 36 months Left Ear PTA Change in 3 frequency PTA = 61.7 dB

Progressive hearing loss (Dahl et al, 2013)



Decrease of \geq 10 dB at two or more adjacent frequencies between 500 and 4000 Hz or decrease in 15 dB at one octave frequency



Figure 1. Children with progressive hearing loss in impaired and normal hearing ear Fitzpatrick et al 2017, *International Journal of Audiology*





Clinical practice



"The timely fitting of appropriate amplification to infants and children with early loss is one of the most important responsibilities of the pediatric audiologist."

Pediatric Working Group of the Conference on Amplification for infants and children with hearing loss. 1996. Am J Audiol, 5, 53-68, p. 53.





"There is some uncertainty over optimal treatment for children with **unilateral** loss, **mild** loss, or **auditory neuropathy**."

Dillon, H. 2012. Special hearing aid issues for children, *Hearing aids*. New York: Thieme, p. 469.



Amplification recommendation by HL at identification (n=337)



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- Lack of evidence of benefit
- Concerns about masking 'good' hearing' particularly in young children
- Not so 'successful' with amplification use







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Amplification use



Fig. 7. Amplification use by degree of hearing loss (at most recent audiogram).



Fitzpatrick et al., 2010, Ear and Hearing

Time to amplification (Post UNHS)



Hearing aid recommendations (post UNHS)











July 26th and 27th, 2005 Breckennidge, Colorado

Beaver Run Resort

Sponsored by the CDC Early Hearing Detection and Intervention Team and the Marton Doroso Hearing Center



https://www.cdc.gov/ncbddd/h earingloss/conference.html

Unilateral Hearing Loss in Children Conference 2017

International Pediatric Conference 2017

Date: October 22 - 24, 2017

Unilateral Hearing Loss in Children Conference

Philadelphia, USA, 2017

> Location: Philadelphia, USA

https://www.phonakpro.com/ca/en/trainingevents/events/past-events/2017/uhl-in-childrenconference-philadelphia.html



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Quick Practice Guideline

May 2018



Tools and considerations for assessing and managing unilateral hearing loss in children

Introduction

Unilateral hearing loss (UHL), once considered to be a nuisance and not taken seriously by hearing professionals, has been shown in recent decades to be associated with academic, speech and language, and social/behavioral deficits in children (Bess & Tharpe, 1986; Lieu, 2004; Lieu, 2013). Despite increased understanding of these problems, there exists little evidence of effective interventions that can ameliorate these deficits.

The following summary of tools available to audiologists for the assessment and management of children with UHL is based on a review of the extant literature and, when evidence was not available, on expert opinion.¹

Principles of identification and assessment

Numerous published guidelines by various national organizations have outlined recommendations for newborn hearing screening and assessment of hearing loss in children (American Academy of Pediatrics (AAP), 2007; American Academy of Audiology, 2012; American Speech-Language-Hearing Association [ASHA], 2004; AAP, 2003; Ontario Infant Hearing Program Audiologic Assessment Protocol, 2008). These guidelines, as well as additional guidance in the provision of family-centered early intervention should be considered by audiologists who provide services to children. Specifically, the authors of this Quick Practice Guideline support the recommendation that hearing be screened by 1 month of age, hearing loss identified by 3 months of age, and intervention provided by 6 months of age. These recommendations hold true for all forms of permanent



Bagatto et al., 2018, (Phonak Conference, Philidelphia, 2017)

REVIEW ARTICLE

OPEN ACCESS Check for update

AUDIOLOGICAL

Taylor & Francis

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Consensus practice parameter: audiological assessment and management of unilateral hearing loss in children

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ABSTRACT

Objective: Provide recommendations to audiologists for the management of children with unilateral hearing loss (UHL) and for needed research that can lend further insight into important unanswered questions. **Design:** An international panel of experts on children with UHL was convened following a day and a half of presentations on the same. The evidence reviewed for this parameter was gathered through webbased literature searches specifically designed for academic and health care resources, recent systematic reviews of literature, and new research presented at the conference that underwent peer review for publication by the time of this writing.

Study sample: Expert opinions and electronic databases including Cumulative Index to Nursing and Allied Health Literature (CINAHL), Cochrane Library, Education Resources Information Centre (ERIC), Google Scholar, PsycINFO, PubMed, ScienceDirect, and Turning Research into Practice (TRIP) Database.

Results: The resulting practice parameter requires a personalised, family-centred process: (1) routine surveillance of speech-language, psychosocial, auditory, and academic or pre-academic development; (2) medical assessments for determination of aetiology of hearing loss; (3) assessment of hearing technologies; and (4) considerations for family-centred counselling.

Conclusions: This practice parameter provides guidance to clinical audiologists on individualising the management of children with UHL. In addition, the paper concludes with recommendations for research priorities.



ARTICLE HISTORY

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KEYWORDS

Unilateral hearing loss; remote microphone systems; CROS hearing aids; single-sided deafness; children with hearing loss
Consensus practice parameter



The resulting practice parameter requires a personalised, family-centred process:

- 1. routine surveillance of speech-language, psychosocial, auditory, and academic or pre-academic development;
- 2. medical assessments for determination of aetiology of hearing loss;
- 3. assessment of hearing technologies;
- 4. considerations for family-centred counselling.

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Consensus practice parameter: audiological assessment and management of unilateral hearing loss in children Marlene Bagattoa, Janet DesGeorgesb, Alison Kingc, Padraig Kitterickd, Diana Laurnagaraye, Dawna Lewisf, Patricia Roushg, Douglas P. Sladenh and Anne Marie Tharpei



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Recommendations for amplification

- 26 unique sources 1996 to 2014 guidelines, protocols, for children with unilateral hearing loss.
- Reflected the notion that amplification 'may' be beneficial or should be considered on a trial and/or a case-by-case (or individual) basis taking into account parent preferences.
- 5 documents referred to specific audiometric levels for UHL candidacy for UHL separately from bilateral loss
 - >20 dB HL (n=1), 25 dB HL (n=2), >30 dB HL (n=2)

Candidacy for amplification in children with hearing loss: A review of guidelines and recommendations

E. M. Fitzpatrick, E. Cologrosso, L. Sikora Am J of Audiology, In Press

Consequences of childhood mild bilateral and unilateral hearing loss loss (MUHL)





CELF

PPVT

ELF 4

FOURTH EDITION

Examiner's Manual Goldman

Fristo Test of Artic

ck here to learn more

Bess & Tharpe (1984) highlighted 'the problem'

- 1/3 of children with UHL failed a grade
- 50% either failed or required resource support

Unilateral Hearing Impairment in Children

Fred H. Bess, PhD, and Anne Marie Tharpe, MS

From the Division of Hearing and Speech Sciences, Vanderbilt University School of Medicine, and The Bill Wilkerson Hearing and Speech Center, Nashville, Tennessee

ABSTRACT. An overview and update are offered on difficulties experienced by children with monaural sensorineural deafness. It is the general consensus that children with unilateral hearing loss experience few, if any, communication and/or educational problems. The medical and educational status of a group (N = 60) of children with unilateral, hearing impairment are described. In addition, the auditory, linguistic, and behavioral manifestations of unilateral hearing impairment were studied in considerable detail for a subsample of these 60 children. The results revealed that approximately one third of the children with unilateral hearing loss had failed at least one grade. Nearly 50% of the group had either failed a grade and/or needed resource assistance in the schools. most nonexistent. To the contrary, studies on adults with monaural deafness suggest that this type of hearing loss can produce a variety of communication difficulties.^{2,3} Furthermore, there is indirect evidence to suggest that longstanding unilateral hearing losses in children can present some educational problems.^{4,5} The emergence of recent research on monaural deafness, however, demonstrates more conclusively that some children with this type of hearing condition exhibit deficits in auditory and psycholinguistic skills as well as experience considerable difficulty in the schools.⁶⁻⁹









 "The majority of recent studies suggest poorer speech and language testing results, especially for patients with severe to profound unilateral hearing loss." (Anne, Lieu, & Cohen et al. 2017)



- 7 showed poorer skills compared to normative scores
- 2 poorer, then progressed, but not comparable to normal hearing
- 4 showed no difference compared to normal hearing
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Key characteristics





- 69 children HL; 38 unilateral, 31 bilateral
- 63/69 (91.3%) congenital/< 6 months onset
- Age diagnosis = **3.5 m** (IQR 2.0, 5.5)
- Age assessment = **47.8 m** (IQR 38.88, 48.5)
- Maternal education = 17.2 years (SD 3.4)
- 51 children with normal hearing comparable characteristics



Amplification recommendations/use



NASLPA 2018

Amplification use at age 4 years – UHL





Hearing Research 372 (2019) 42-51



Research Paper

Auditory and language outcomes in children with unilateral hearing loss*



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ABSTRACT

Objectives: Children with unilateral hearing loss (UHL) are being diagnosed at younger ages because of newborn hearing screening. Historically, they have been considered at risk for difficulties in listening and language development. Little information is available on contemporary cohorts of children identified in the early months of life. We examined auditory and language acquisition outcomes in a contemporary cohort of early-identified children with UHL and compared their outcomes at preschool age with peers with mild bilateral loss and with normal hearing.

Design: As part of the Mild and Unilateral Hearing Loss in Children Study, we collected auditory and





Parents' Evaluation of Aural/Oral

Performance of Children

(P.E.A.C.H.)

Developed by Teresa Ching & Mandy Hill

	Question	Never 0%	Seldom 1 - 25%	Sometimes 26 - 50%	Often 51 - 75%	Always 75-100%
1.	How often has your child worn his/her hearing aids and/or cochlear implant?	0	1	2	3	4
2.	How often has your child complained or been upset by loud sounds?	4	3	2	1	0
3.	When you call, does your child respond to his/her name in a quiet situation?	0	1	2	3	4
4.	When asked, does your child follow simple instructions or do a simple task in a quiet situation?	0		2	3	4
5.	When you call does your child respond to his/her name in a noisy situation when he/she can't see your face? (examples of responses include looks up, turns, answers verbally)	0	$(\widehat{1})$	2	3	4



PEACH



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Speech-Language scores – unilateral, mild bilateral, normal hearing at age 4



Fitzpatrick et al 2018, Hearing Research





Does degree in impaired ear affect outcomes for preschool age children with UHL?







Results showed no relationship (p=0.12)
 – small sample









Does amplification affect auditory/ language outcomes for preschool-age children with UHL?







UHL - effect of amplification

- Results showed no relationship (p=0.49)
 - small sample
 - parent report



 May see effect as children age or on other types of outcomes





Long-term impact of mild bilateral and unilateral HL in children







MUHL-001 – Peach Scores over time







MUHL-044 – PEACH Scores over time







- N=32: 16 UHL; 16 mild bilateral
- Age diagnosed median **5.0 months** (IQR: 4.0, 35.3)
- Age amp fitted: median **37.4 months** (IQR: 28.8, 44.0)
 - 7 Hearing aids
 - 7 FM school
 - 1 no amplification, 1 unknown
- Assessed: CA 6 8 years





PEACH scores



PEACH - Noise Indvidual scores







Language / Literacy outcomes



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CTOPP Phonological Memory Individual scores





Parent Perspectives



- Interviews completed with subset of 20 parents
- Themes:
 - Lacking information at diagnosis
 - Concern about language development long-term
 - Need professional support (emotional care)
 - Hearing aid use and support



Fitzpatrick et al. 2016, Journal of Deaf Studies and Deaf Education



Parent perspectives



So, they said - adequate hearing for speech, and sent us away. And it's hard because I know... they have a huge caseload, and yes the hearing losses are more severe, but it's my kid, but to them, it's just one ear...



Parent perspectives



The audiologist said, if we like, we can go ahead and get the hearing aid, he's doing fine, but just to be sure, go ahead and get a hearing aid. But we started his daycare, and that was already a big transition for him, so we didn't want to introduce the hearing aid right then...



Service Preferences of Parents of Children With Mild Bilateral or Unilateral Hearing Loss: A Conjoint Analysis Study

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Objective: Universal newborn hearing screening results in substantially more children with mild bilateral and unilateral hearing loss identified in the early years of life. While intervention services for children with moderate loss and greater are generally well-established, considerable uncertainty and variation surrounds the need for intervention services for children with milder losses. This study was undertaken with parents of young children with permanent mild bilateral and unilateral hearing loss to examine their preferences for characteristics associated with intervention services.

Key words: Children, Conjoint analysis, Discrete choice experiment, Hearing loss, Qualitative research, Questionnaire.

(Ear & Hearing 2018;XX;00-00)

INTRODUCTION

There is heightened interest in the service needs of children with mild bilateral and unilateral hearing loss (McKay et al.

i uOttawa

Fitzpatrick et al. 2018, Ear and Hearing

Scenarios - Example



Scenario 1	Service A	Service B Regular visits to the clinic for the first year after the child gets hearing aids or an FM		
Support for amplification use	Regular visits to the clinic for the first year after the child gets hearing aids or an FM plus the audiologist checks in with the parents regularly			
Support for speech- language development	Therapy sessions at the clinic or at home with the child and parent	Parent information sessions		
Emotional support	Regular part of service	Parents seek support independently		
Professional communication	Warm and supportive	Business-like		
Which service do you prefer?				
Scenario 2	Service A	Service B		
	Regular visits to the clinic for the	Regular visits to the clinic for the		

Findings



- Parents valued all 4 attributes of services (p<0.01)
 - ✓ support for amplification use
 - ✓ support for speech-language development
 - ✓ emotional support
 - ✓ communication from professionals
- Within the attributes, parents preferred-
 - Regular audiology clinic visits with email/telephone contact over regular clinic visits only
 - Regular therapy sessions home/clinic over information sessions only (2.8 times more likely)



Key findings



- Between attributes:
 - ✓ There was clear preference for enhanced level of support for speech-language development over enhanced support for amplification use (OR 2.8 vs. 1.4)
 - ✓ Also, preferences for emotional support and communication from professionals were greater than for support for hearing aid use (OR 2.1 vs. 1.4)
- No difference in results after controlling for child characteristics: laterality, sex, age diagnosis, hearing aid use



What we know ...

- Represent ~20% of all children diagnosed with permanent ✓ 30-40% show deterioration in hearing over time
 ✓ ~20% with UHL will develop bilateral hearing loss
- Now fitted early with amplification
- Amplification use in early years is a challenge
- Perform below their peers in some auditory/language areas despite early identification
- Parents prefer a preventative model with direct services AND want support





Audiologists' perspectives

A would say that my concept of the impact of unilateral hearing loss has really changed. I treat unilaterals more seriously than I ever used to. We used to kinda say, oh, unilateral, he'll compensate, he'll compensate...

> Now I tell parents, ... they will develop speech and language just like a child with two ears, generally speaking. but I do tell the parents that they are more at risk, certainly at school and in acquiring language because they are going to have much more trouble in noise and much more trouble with distance.



Parent concerns...



"...so it wasn't really a good fit ...there was a meeting last week, the Toronto chapter was meeting just to look at, [], what they're doing, what they're not, and I kind of thought I should have gone because I really did want to say... I'm not upset but you know, there really isn't a place for me, you know.

Yeah, they're different, uh, not *that much* different but yeah, everybody talks about, [] even some of the workshops they're doing all this stuff on cochlear, they're having a workshop and they're going to talk about cochlear, doesn't relate to me..."






"So I think what we have here is a lot of questions" Yoshinaga-Itano, Phonak, 2017



E. Fitzpatrick - NASLPA 2018



Towards understanding the consequences of mild bilateral and unilateral hearing loss (MUHL)

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Thank you to Collaborating Centers

Children's Hospital of Eastern Ontario, Ottawa Pinecrest-Queensway Health Centre, Ottawa, Ontario Western University Clinic, London, Ontario Erin Oaks Centre, Toronto, Ontario Preschool Services Branch, Ministry of Education, Ontario Voice for Hearing-Impaired Children, Hamilton, Ontario





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