Hearing and Balance: Impact and Outcomes of Dual Sensory Impairments in the Pediatric Population With Sharon Cushing – 7 pm ET

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Hearing and Balance: Impact and Outcomes of Dual Sensory Impairments in the Pediatric Population

Sharon L. Cushing MD MSc, FRCSC, Otolaryngologist, Hospital for Sick Children



Oct 20<sup>th</sup>, 2020



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Canadian Academy of Audiology is a professional association dedicated to enhancing the role of audiologists as primary hearing health care providers through advocacy, education and research.

## Salima Jiwani - Host



Dr. Salima Jiwani is a Past President of CAA, and is the clinical and research Director of Audiology at AudioSense Hearing & Balance, a centre of excellence in Hearing and Balance Healthcare.

Salima earned her Ph.D. in auditory neurophysiology with the Institute of Medical Science at the University of Toronto.

#### **Speaker: Sharon L. Cushing MD MSc**

Dr. Sharon Cushing is a full time paediatric otolaryngologist at The Hospital for Sick Children in Toronto, and an Associate Professor and Clinician Investigator at the University of Toronto.

She is the Director of the Cochlear Implant Program at the Hospital for Sick Children. Dr. Cushing has a clinical and surgical interest in disorders of the external, middle and inner ear, including hearing loss and vestibular dysfunction. Her research interest include vestibular and balance function and dysfunction in children, and its association with hearing loss and cochlear implantation.



#### Hearing and Balance: Impact and Outcomes of Dual Sensory Impairments in the Pediatric Population





Sharon L. Cushing





#### **Disclosures**

- Speaker's Bureau
  - Interacoustics, Cochlear Corporation
- Royalties
  - Plural Publishing
    - Editor: Balance Disorders in the Pediatric Population
- Patent Holder:
  - Patents #: 7041-0: Systems And Methods For Balance Stabilization
- Sponsored Research Agreement
  - Cochlear Americas

#### **Cochlear Implant Research Team**

#### DIRECTORS

- Karen Gordon
- Blake Papsin
- Sharon Cushing

#### RESEARCH COORDINATORS

- Carmen McKnight
- Christina Lavallee

#### GRADUATE STUDENTS

- Salima Jiwani
- Melissa Polonenko
- Nikolaus Wolter
- Morrison Steel
- Michael Deighton
- Sara Giannantonio
- Josh Gnanasegaram



#### COLLABORATORS

#### Local – Sick Kids

- Bob Harrison
- Susan Blaser
- Adrian James
- Aunan James
- Sam Doesburg
- Vicky Papaioannou

Local - External

- Sandra Trehub
- Frank Russo

#### International

- Robert Cowen
- Richard van Hoesel



#### POST-DOCTORAL FELLOWS

- Vijayalakshmi Easwar
- William Parkes
- Shazia Peer

#### FUNDING

- CIHR
- SickKids Foundation











#### **Cochlear Implant Team**



- Blake Papsin
- Vicky Papaioannou
- Karen Gordon
- Sharon Cushing
- Gina Goulding
- Naureen Sohail
- Laurie MacDonald
- Patt Fuller

- Mary Lynn Feness
  - Pat Di Santos
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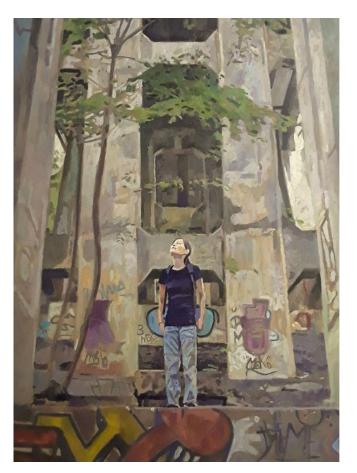
## Making Sense of the World



#### Making Sense of the World - Perspective



### **Sensory Interaction / Integration**

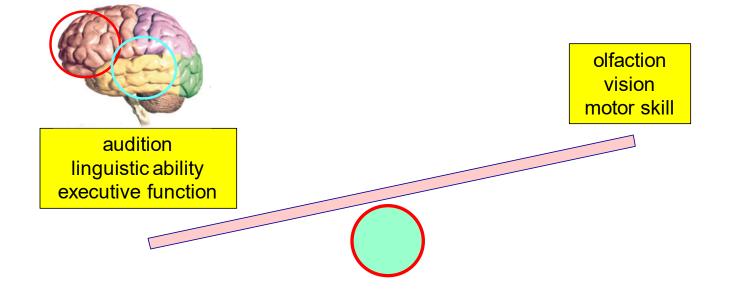








### Human = Language Predators



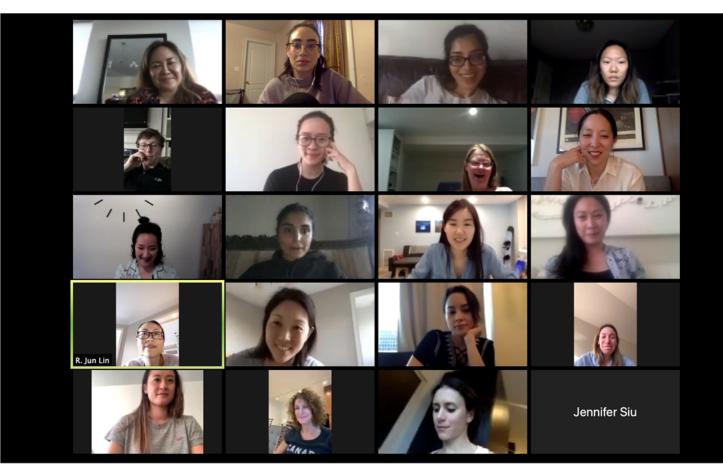




**SickKids** 

CHLEAR MPLANT PROGRAM

#### **Connecting During a Pandemic**

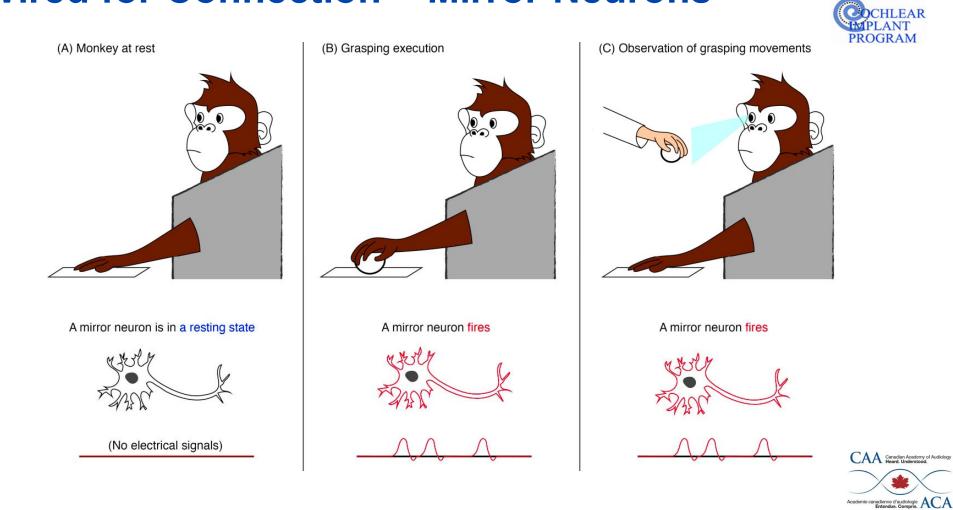








## Wired for Connection – Mirror Neurons



**SickKids** 



## Restoring Connection with Cochlear Implants: What are we missing?





Sharon L. Cushing



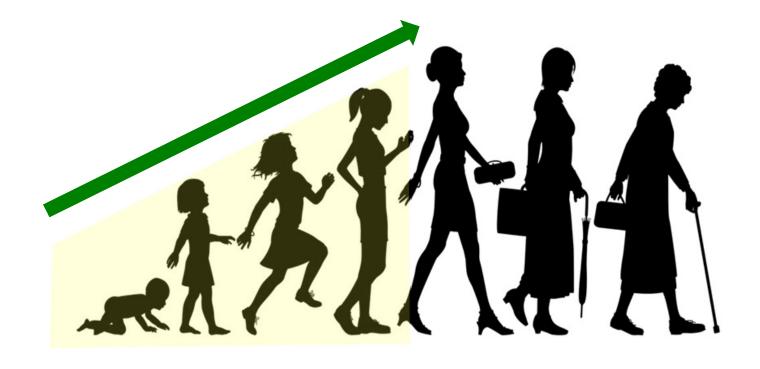


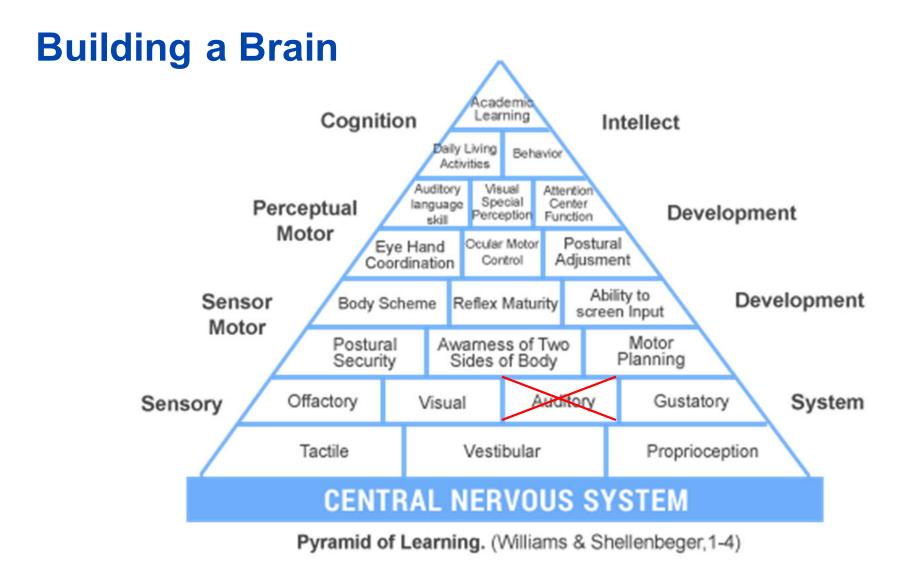


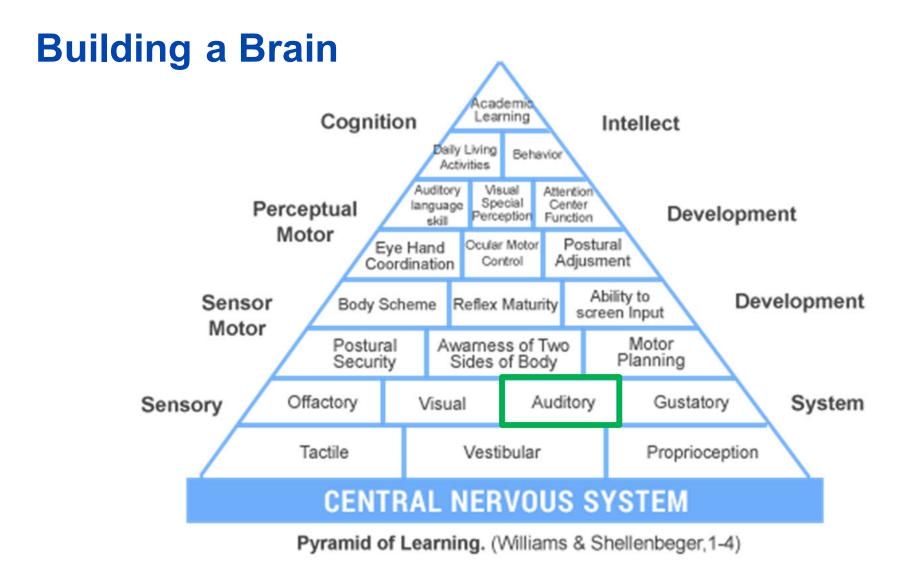
#### **Cognitive Decline**



#### **Cognitive Incline**

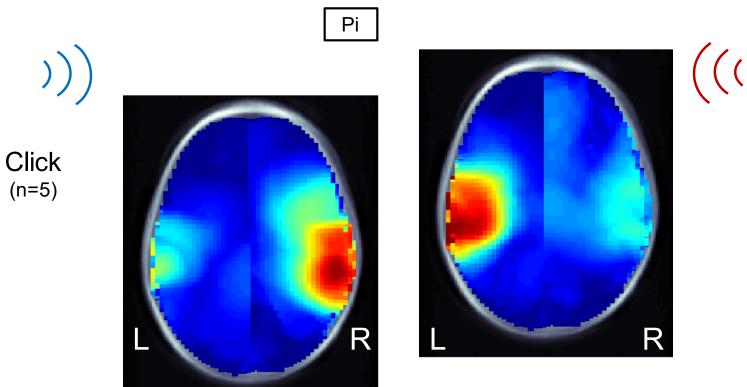






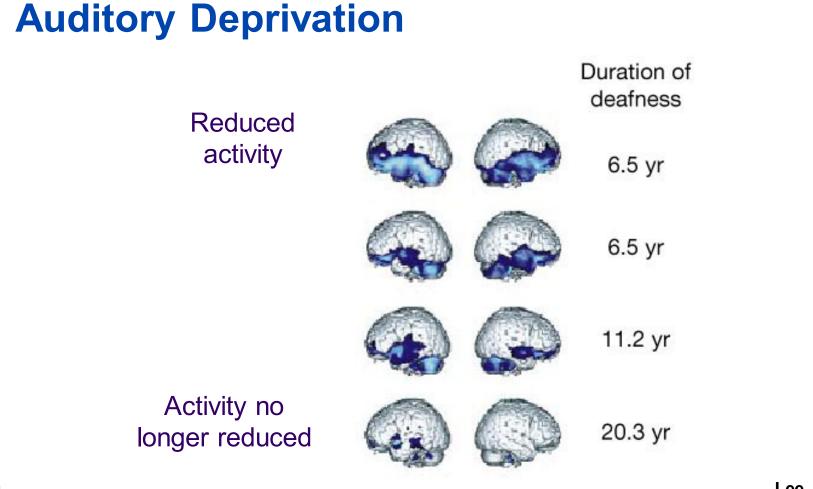
#### **Normal Aural Preference**









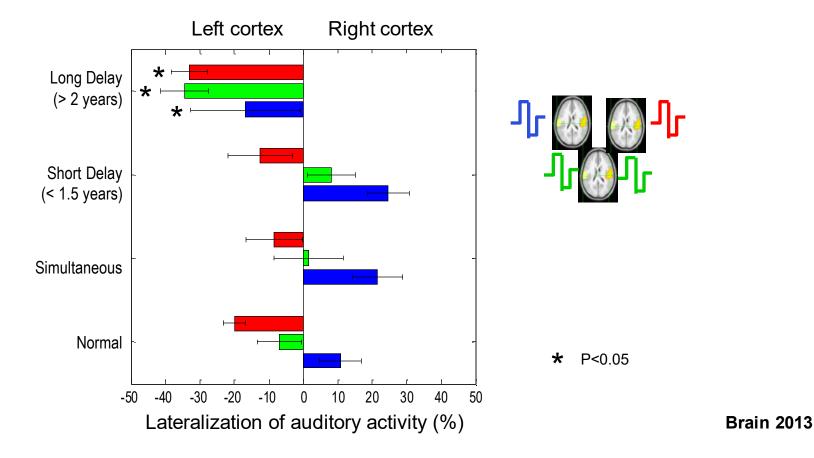






Lee, et al., Nature, 2001

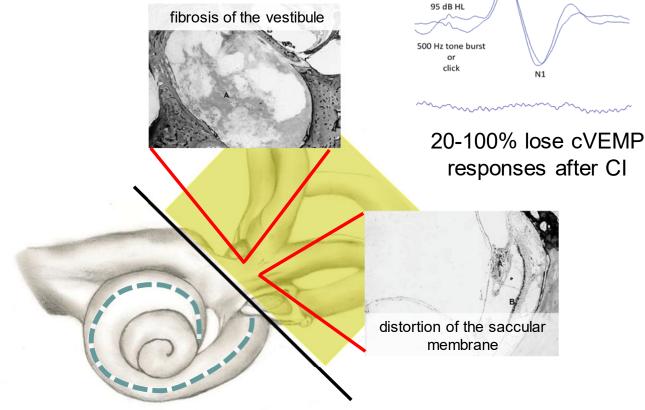
#### **Abnormal Aural Preference**







# Vestibular Effects of Cochlear Implantation (negative)



Tien et al, 2002

# Vestibular Dysfunction is Common in Children with SNHL

70% dysfunction 35-40% complete areflexia

## vestibular impairment is the single most common associated feature of SNHL

Otol Neurotol. 2013

20108/15

## Measuring Balance Bruininks-Oseretsky (BOT2) Balance Subtest

Balance subtest Items		Max. Score
1. Standing with feet apart on a line	Eyes Open	10 sec.
	Eyes Closed	10 sec.
2. Walking forward on a line		6 steps
3. Standing on one leg on a line	Eyes Open	10 sec.
	Eyes Closed	10 sec.
4. Walking forward heel to toe on a line		6 steps
5. Standing on one leg on a balance beam	Eyes Open	10 sec.
	Eyes Closed	10 sec.
6. Standing heel-to-toe on a balance beam		10 sec.

N= 190 children with CI tested



## **Vestibular Loss Impacts Balance**

balance deficits are not always apparent

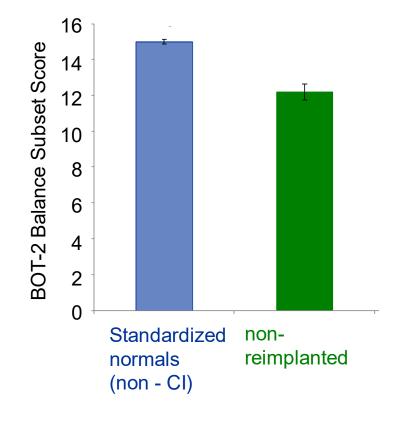






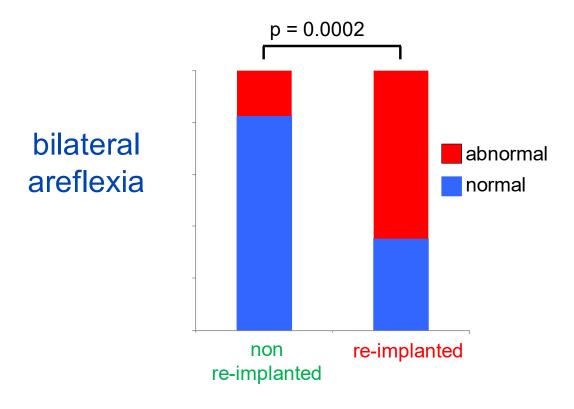
#### When Balance is Poor – Implants Fail

#### • static and dynamic balance – BOT-2



Otol Neurotol. 2015

### When Vestibular Function is Poor – Implants Fail



**Otol Neurotol. 2015** 

### When Vestibular Function is Poor – Implants Fail

vestibular & balance dysfunction

α

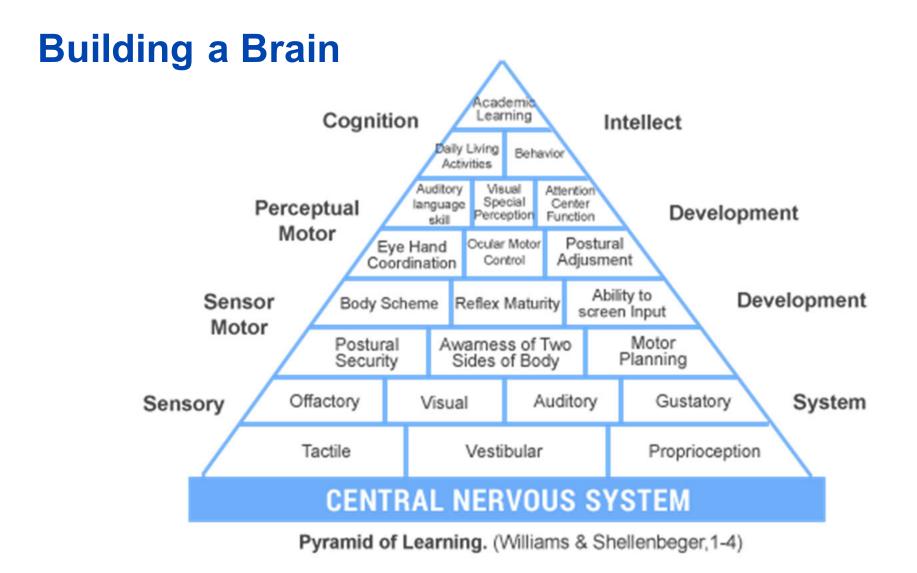
risk of CI failure

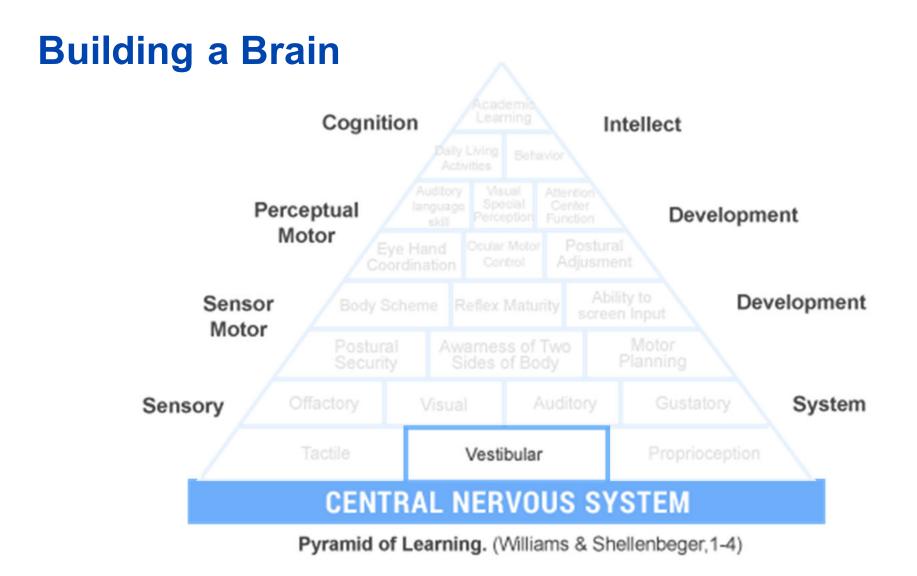
**Bilateral Areflexia** 

Odds ratio: 8.6

Implant failure

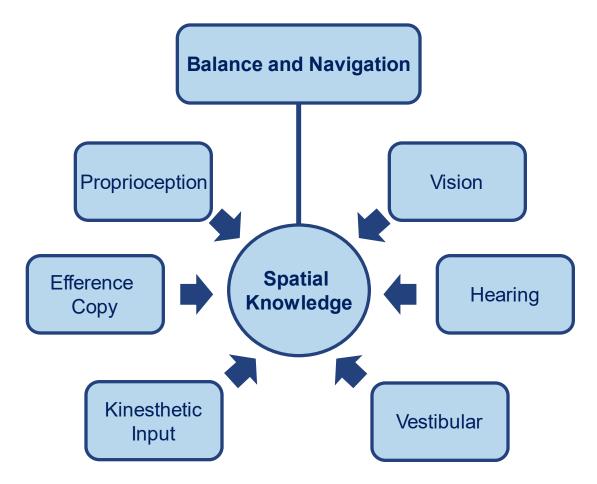
Otol Neurotol. 2015

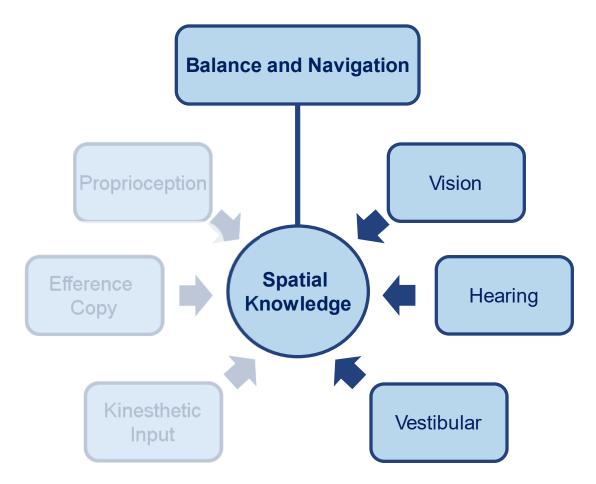


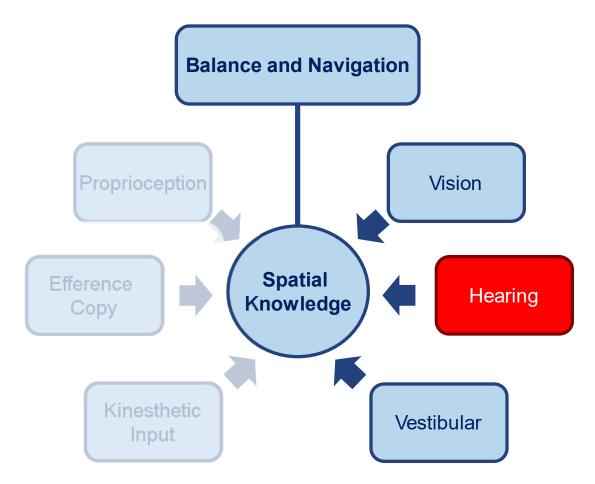


# **Balance and Navigation**

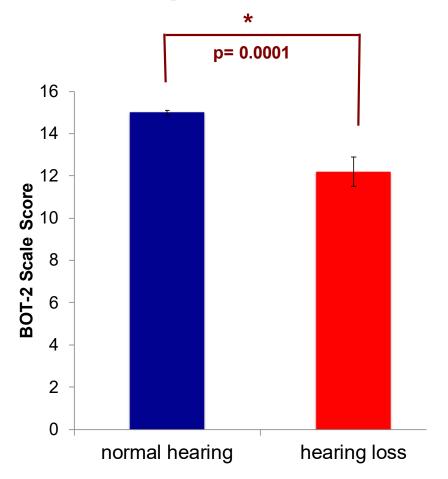








### **Hearing Loss Impacts Balance**



Otol Neurotol. 2009





# **Effects of Poor Spatial Hearing**

Normal binaural hearing

Abnormal binaural hearing



Normal hearing (n=36)  $10.0 \pm 3.3$  years of age



Bilateral CI (n=32) 9.1 ± 3.0 years of age

No binaural hearing



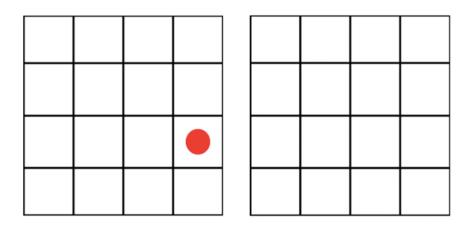
Untreated SSD (n=20) 10.8 ± 4.1 years of age



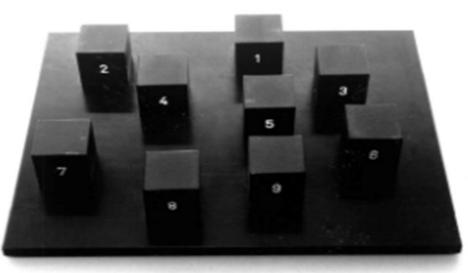


# **Memory Deficits are Visuospatial**





#### **Dot Matrix Test**



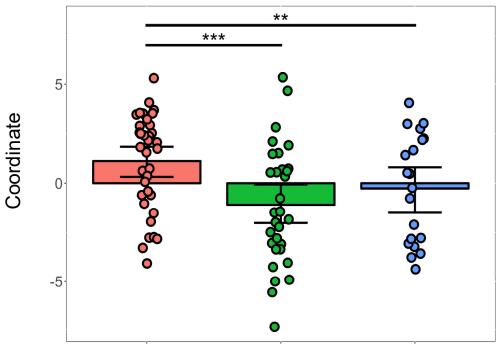
**Corsi Block Test** 





# **Memory and Learning Deficits**

**Component 1: Memory and Learning** 

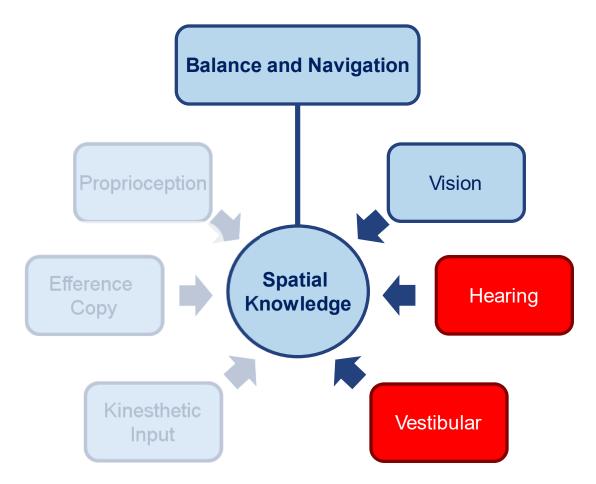


Normal hearing Bilateral CI Untreated SSD

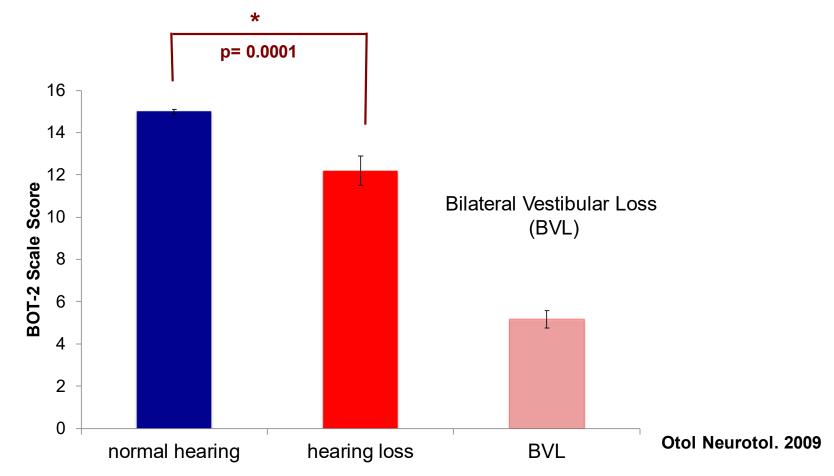




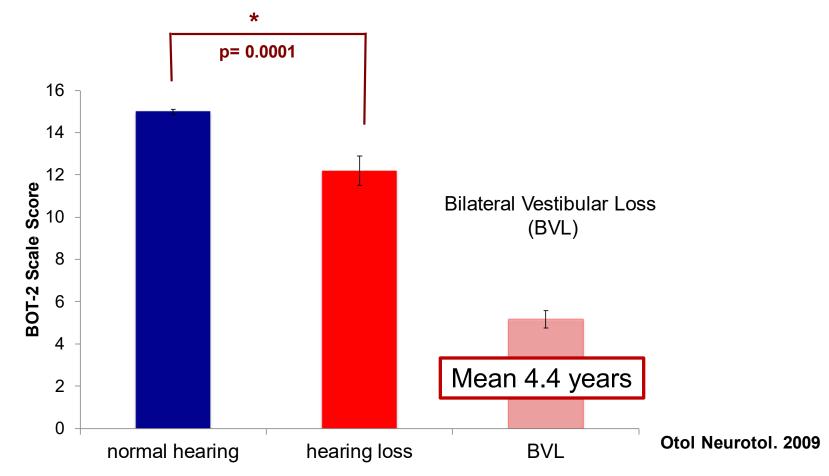




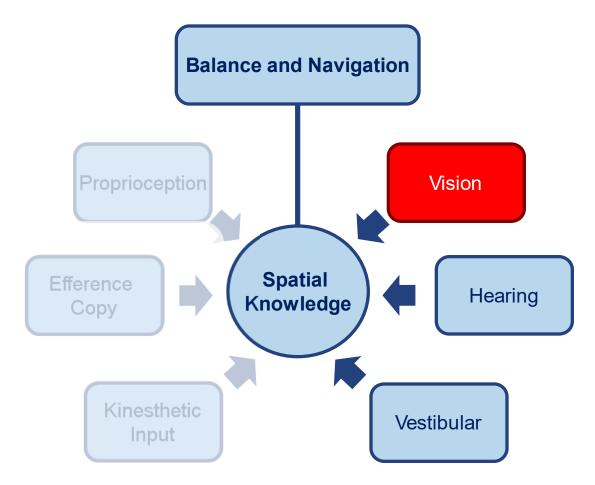




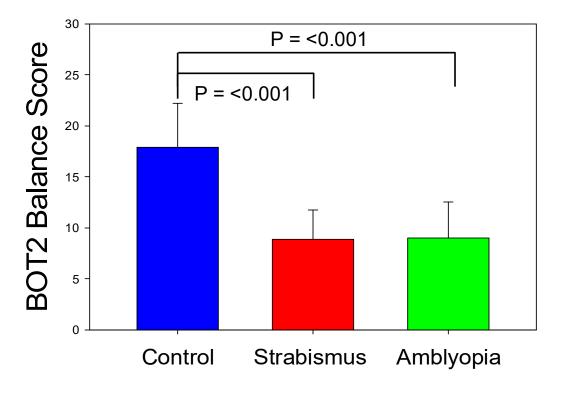








# **Balance is Impaired in Developmental Visual Anomalies**

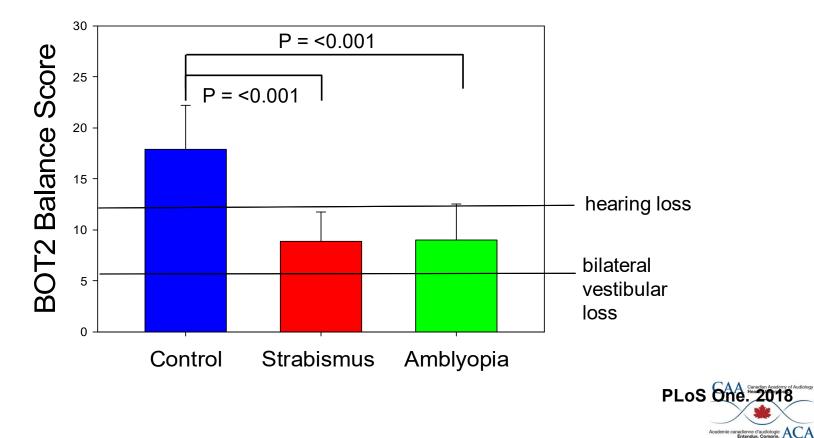








# **Balance is Impaired in Developmental Visual Anomalies**

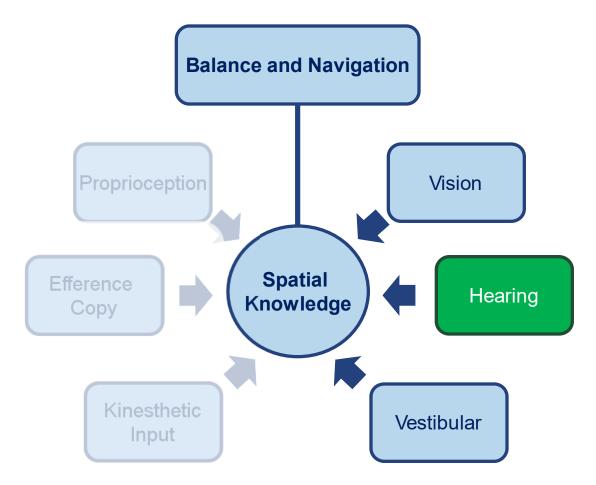


**SickKids** 

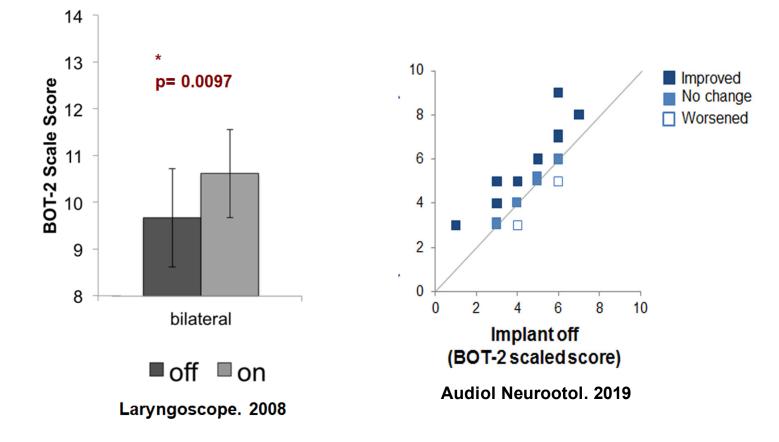
OCHLEAR

PROGRAM

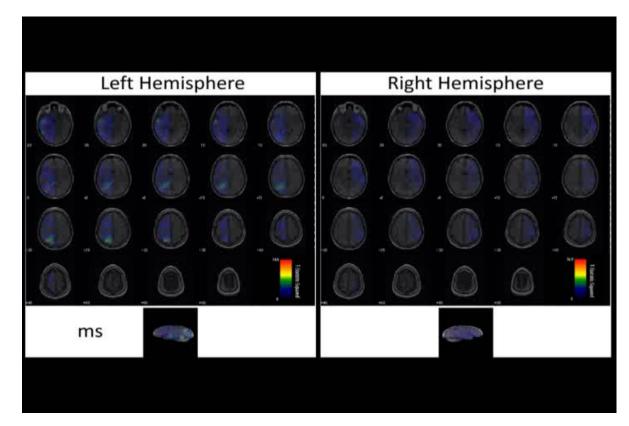




# Vestibular Effects of Cochlear Implantation (positive)

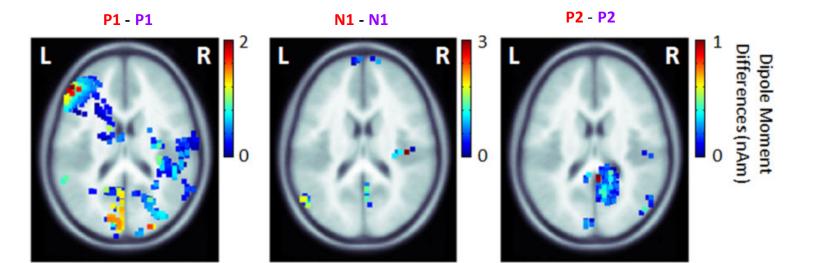


### **Measuring Plasticity**



# **Plasticity is Required for Listening**

Right Stimulation CI Experienced – Normal Hearing Dipole Differences







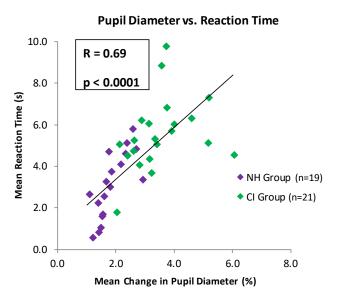


# **The Effort of Processing**



#### **Binaural fusion & listening effort**

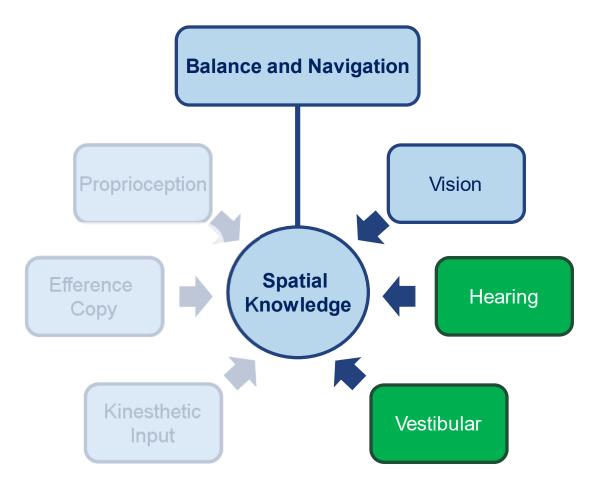




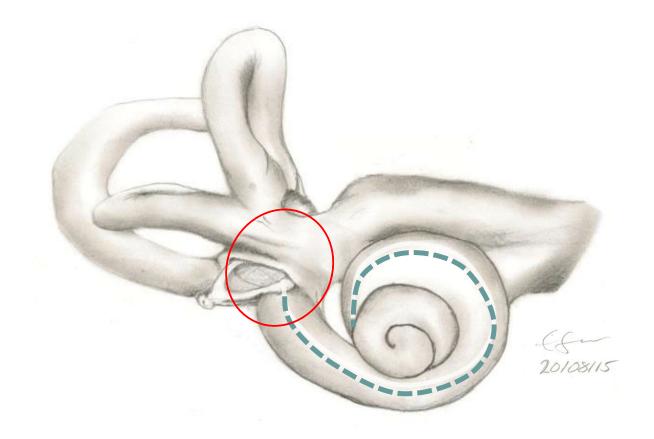


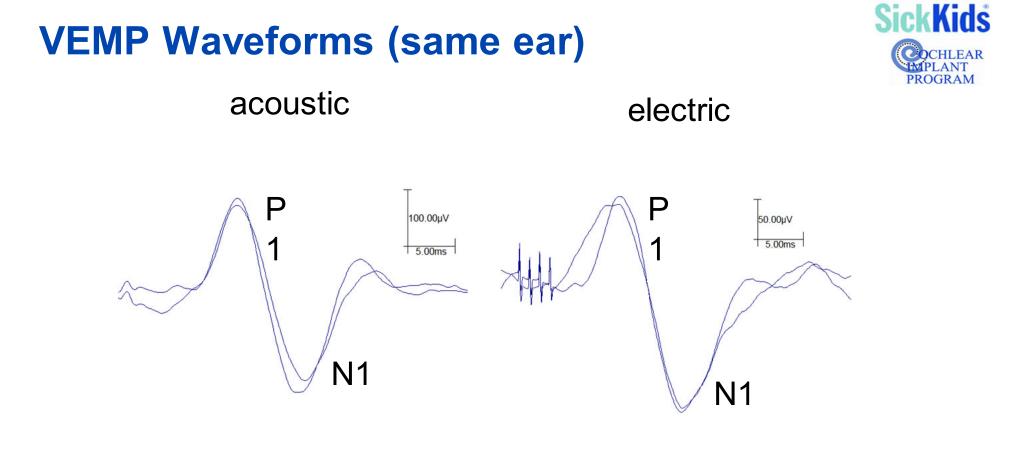






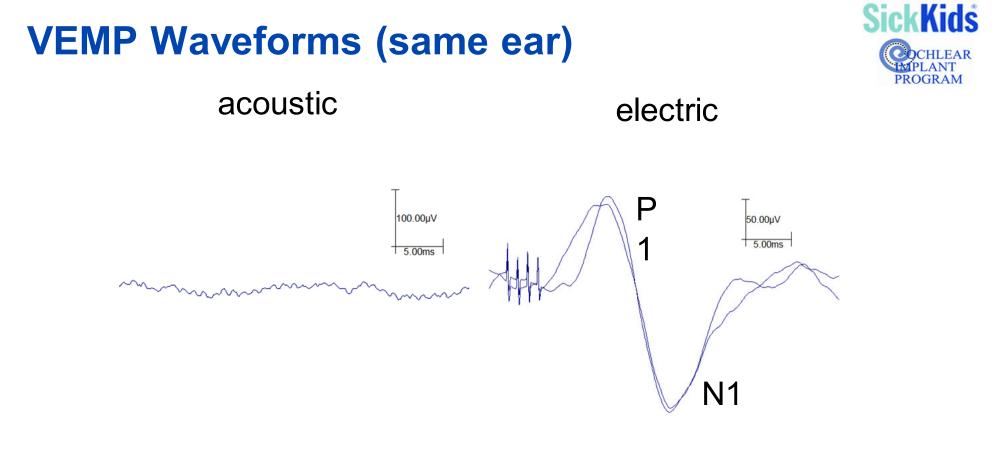
### Can Electrical Current from a Cochlear Implant Spread to the Vestibular System ?















### **Vestibular Abnormalities Cause Functional Deficits**



by Stephanie Jewel

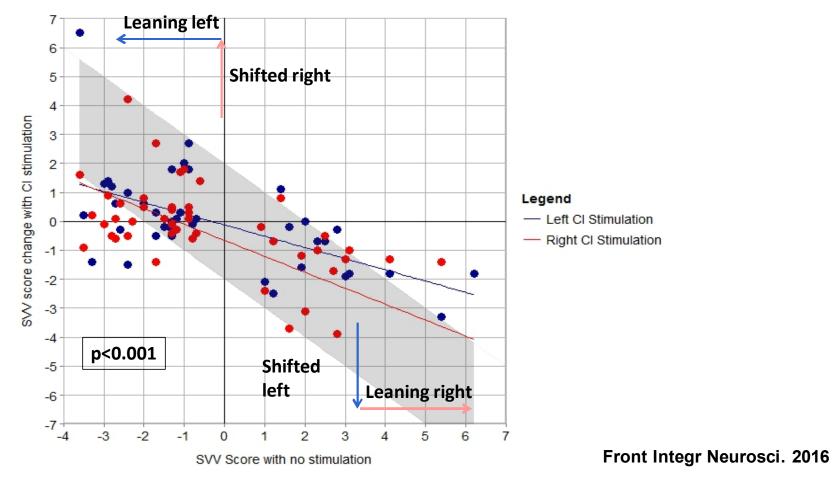
# **Subjective Visual Vertical (SVV)**





- Positive  $\rightarrow$  tilt to the right
- Negative  $\rightarrow$  tilt to the left
- Normal range: ± 2° (Brodsky 2015, 2016)
- Bias →initial direction of linear marker (Pagarkar 2008; Toupet 2015)

# **Electrical Stimulation Shifts the Perception of Vertical Back to Center**



### **TransCochlear Stabilization of Balance**

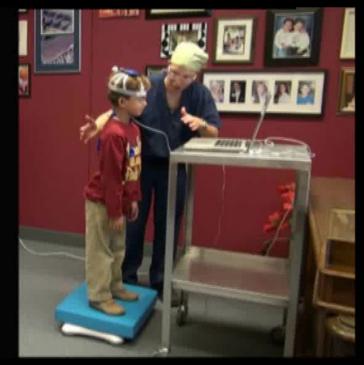
- accelerometer and gyroscopic sensor
- conversion to CI stimulation
  - head referenced
  - deviation signalled
  - transferred electrically to implant
  - 16 patients



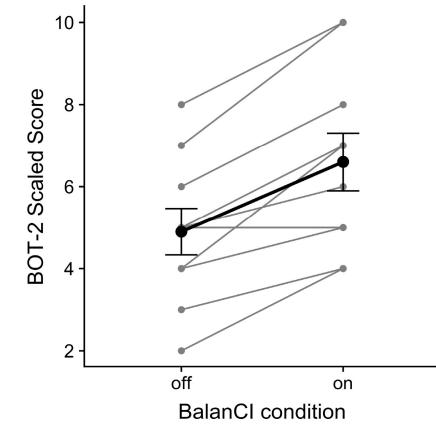
OFF







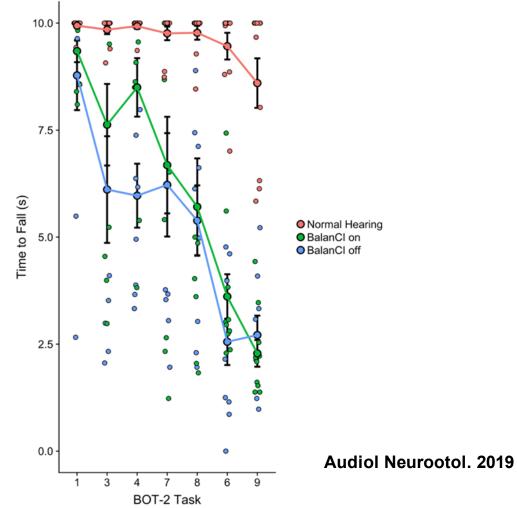
### Meaningful Implant Stimulation Improves Balance



Audiol Neurootol. 2019

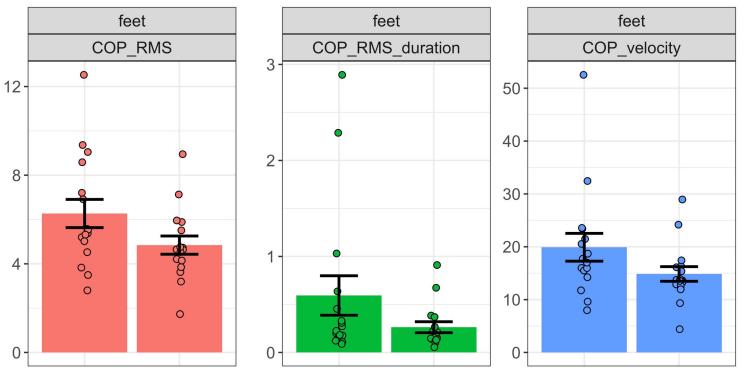
# **Time to Fall Approaches Normal**





## **Postural Stability Improves**











#### **Single Sided Deafness in Children**

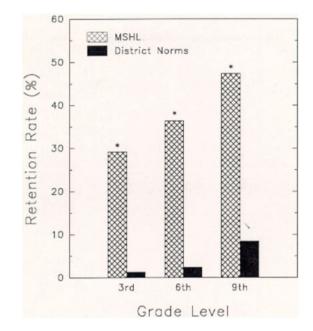


#### **Single Sided Deafness in Children**



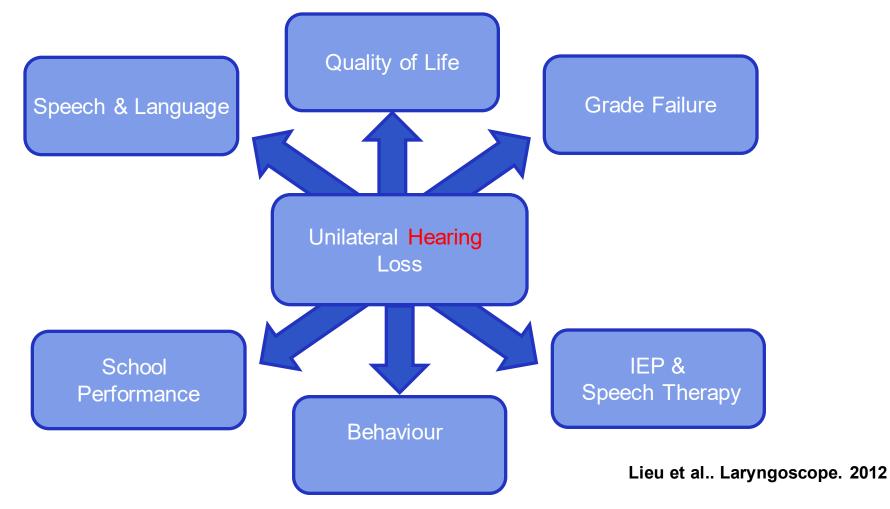
#### **Unilateral Hearing Loss Has Impact**

- 1/3 failed at least one grade
- 50% failed a grade or needed additional resources at school

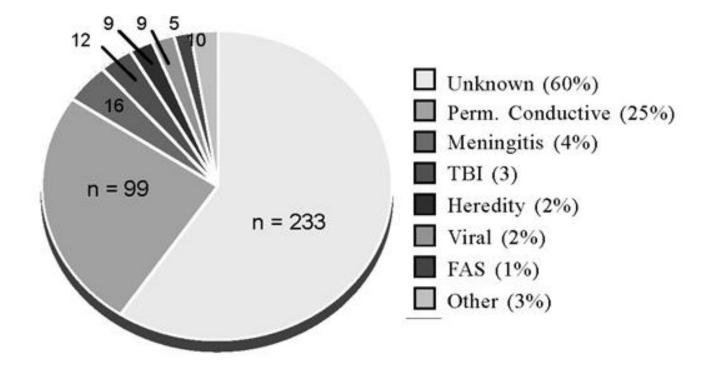


Bess and Tharpe, Int J Pediatr Otorhinolaryngol. 1991

#### **Consequences of SSD in Children**

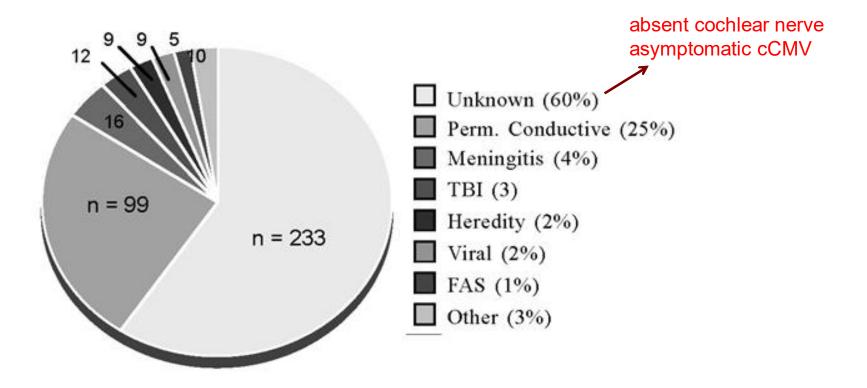


#### **Etiology of SSD circa 1990**



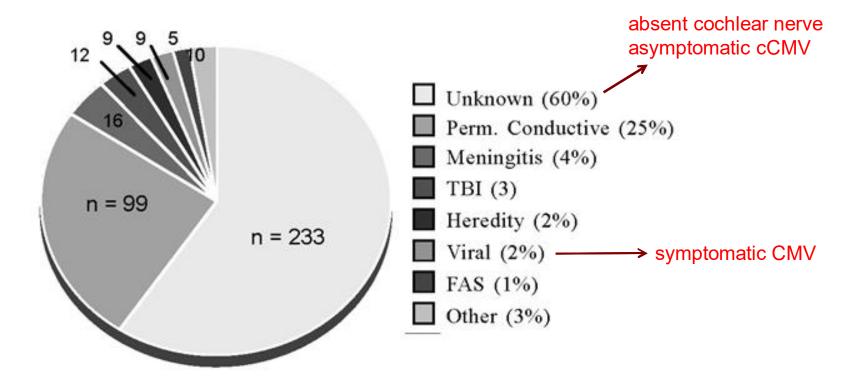
English et al, LSHSS 1999

### **Etiology of SSD circa 1990**



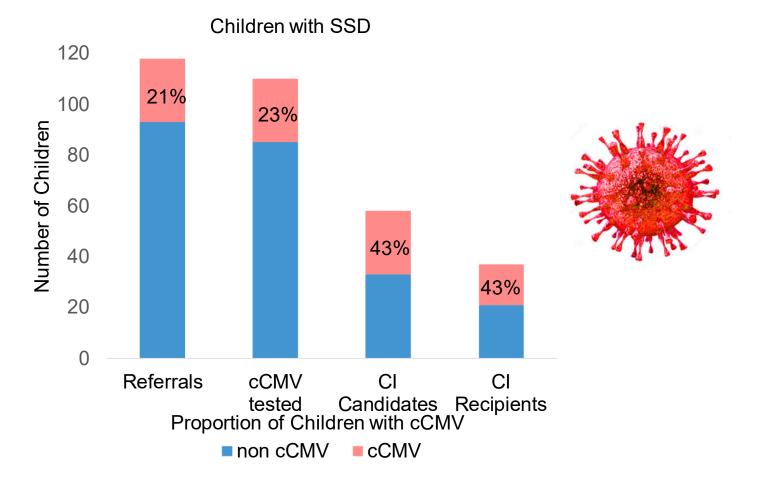
English et al, LSHSS 1999

### **Etiology of SSD circa 1990**



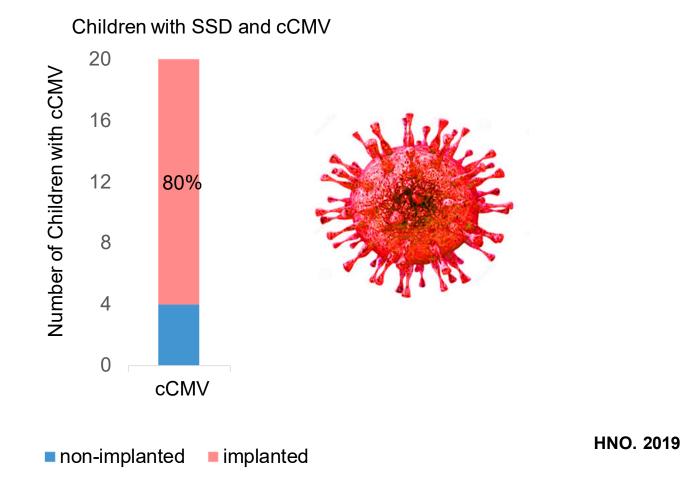
English et al, LSHSS 1999

#### cCMV is Common in SSD

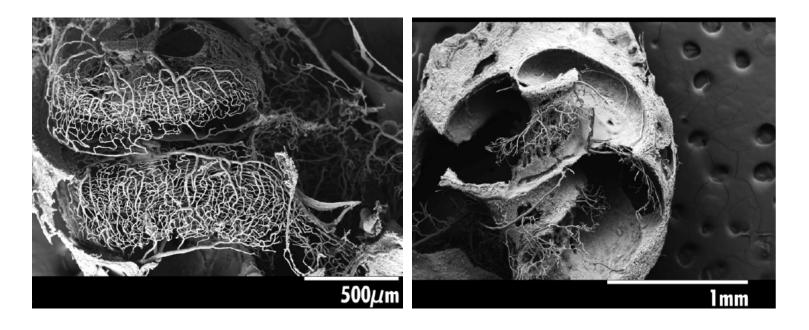


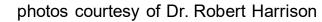
HNO. 2019

#### **Children with cCMV Proceed to Implant**











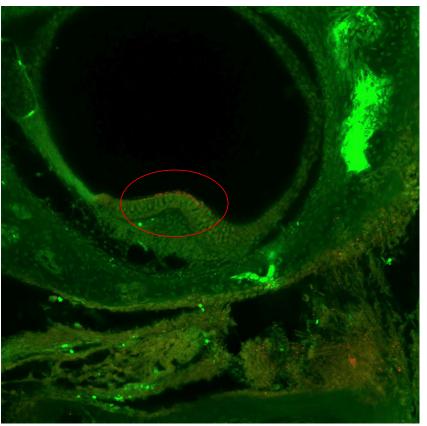














photos courtesy of Dr. Robert Harrison





92% Vestibular end-organ Dysfunction 33% Complete Bilateral Loss 50% Progressive Bernard et al. Pediatrics. 2015



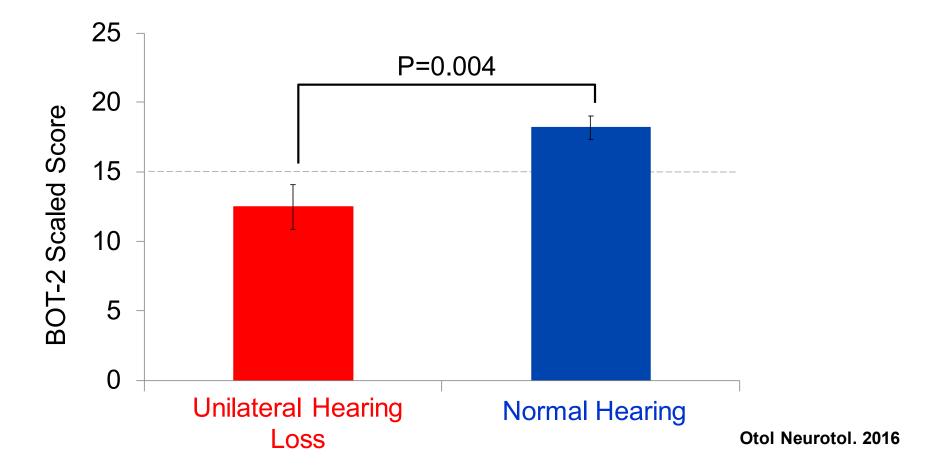
50% Otolithic Dysfunction cVemp Maes, Ear & Hearing. 2016



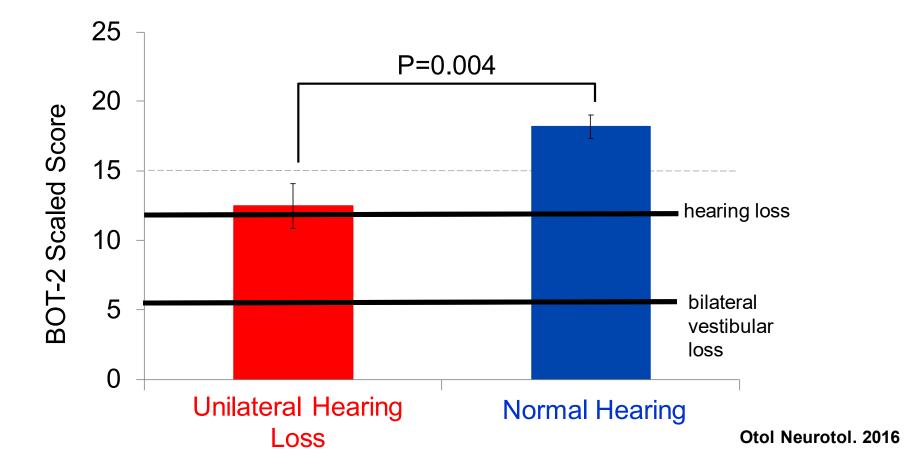
20-50% Sensorineural Hearing Loss -



#### **Balance is Impaired in SSD**



#### **Balance is Impaired in SSD**



## **Vestibular Dysfunction in SSD**



Otolithic Dysfunction 62.5% Utricular 42% oVEMP Saccular 25% cVEMP

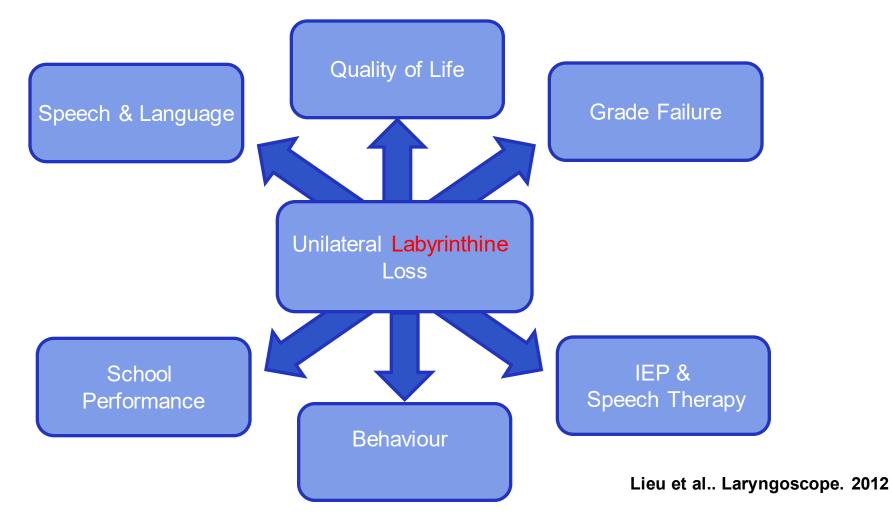




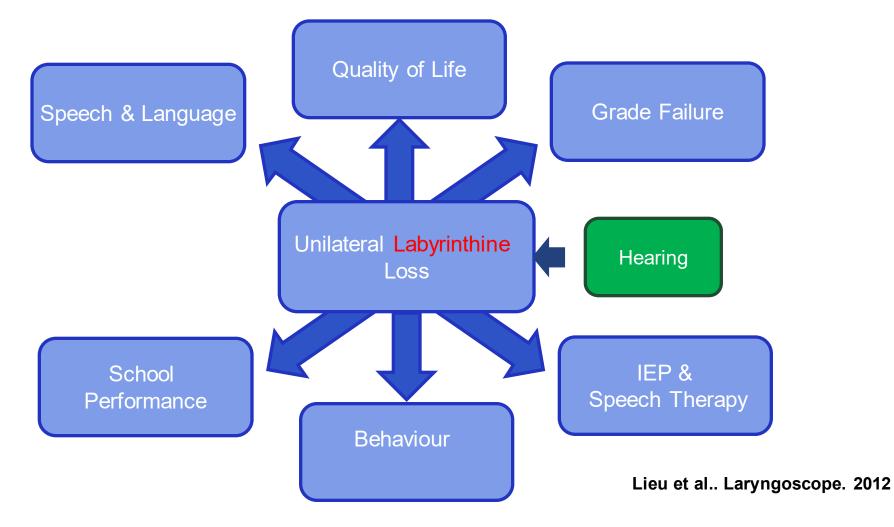




#### **Consequences of SSD in Children**

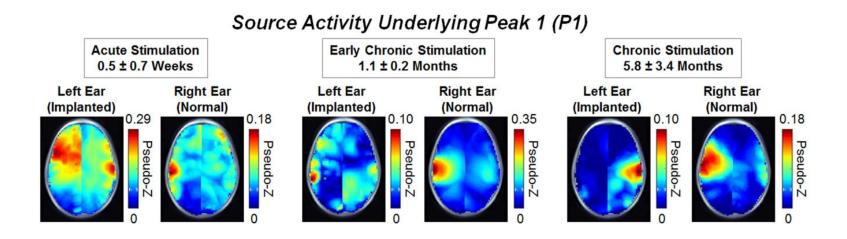


#### **Consequences of SSD in Children**



## **Aural Preference Restored**





#### **Duration of Stimulation**





### Summary

- sensory deficits lead to impairment
  - performance and development
- implants restore sensation
  - limits
  - compensation with effort
  - cross-modal?
- outcomes are complicated
  - extend beyond hearing & language
  - many gaps in knowledge exist

## What Drives Plasticity in Children?



## What Drives Plasticity in Children?



## **CAA Conference 2021**

#### Delta Grand Marriott Hotel, Kelowna, B.C. Save the date: October 13-16, 2021 in Kelowna, B.C.





## Upcoming and On Demand Webinars

canadianaudiology.ca/webinars/



- Measuring and Understanding Tinnitus including patients views on the 'Meaning of Life' with Richard S.Tyler Nov 19th
- Adult amplification and Aural Rehabilitation with Gurjit Singh Nov 24<sup>th</sup>
- Audibility-based Hearing aid Candidacy for Children with Ryan McCreery Nov 10th





# Thank you