## Stay Connected



## 12 Phone and Video Calling Solutions for People with Hearing Loss

- Connect your hearing aids directly to your phone or computer
- 2. Customize sound using tone and volume controls
- 3. Listen with both ears using speakerphone or headphones
- 4. Try captioning apps
- Use video platforms for speech reading

- 6. Enable visual and vibration alerts
- 7. Reduce background noise
- 8. Practice good communication skills
- 9. Use a video or message relay service
- 10. Consult with an audiologist
- 11. Advocate for yourself and others
- 12. Remember hearing access is a basic human right!



