

Factors Impacting Cochlear Implant (CI) Outcomes

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1

Disclosures

- Research presented here is funded by the NIDCD
- VUMC CI program: industry-sponsored studies from Advanced Bionics (AB), Cochlear, and MED-EL
- Clinical Advisory Board Member: AB, Cochlear, and Frequency Therapeutics
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2

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Adrian Taylor, AuD

Cochlear Implant Indications: 1997-2022

1997

Conventional CI

Adults

≤ 40% sentence rec



Children

18+ months

≤ 20% word rec



2022

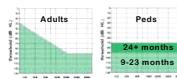
Conventional CI

Adults
≤ 60% sentence rec

Medicare
≤ 60% sentence rec

Children
9+ months

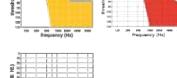
≤ 30% word rec



EAS/Hybrid

18+ years

≤ 60% CNC



SSD

5+ years

≤ 5% CNC



4

State of Knowledge: Adults & Children

1997

1995: NIH consensus conference:
cochlear implants in adults & children
JAMA. 1995. 274(24):1955-1961.

- Significant communication benefit for postlingual, but not prelingual adults**
 - But, improved environmental sound awareness
- Highly variable outcomes:**
 - Short duration of deafness
 - Postlingual
 - If prelingual, implanted before 6 years.
- Percutaneous CIs still have value**
- Needs: MRI compatibility & telemetry**
- Significant communication benefit & QOL for all recipients**
 - All implant types
 - Preserve hearing when possible
- Highly variable outcomes:**
 - Shorter duration of deafness
 - Younger age
 - But, all ages will benefit
 - Increased risk of dementia with untreated (or undertreated) hearing loss
- Needs: CI awareness!**

2022

2020: Cochlear implant systematic review and consensus statements (adults)
Buchman et al. JAMA-OTO, 46(10):942-953.

CI Utilization in adults and children

NIDCD (2021): As of late 2019 → 118,100 CIs in adults, 65,000 CIs in children

Adults

~2.3 to 12.7% utilization

- Sorkin (2013). *Cochlear Implant Int'l.* 14: S4-S12; Sorkin & Buchman (2016). *Otol Neurotol.* 37(2):e161-e4; Perkins et al. (2021). *Otol Neurotol.* 42(6):815-823; Nassiri et al. (2022). *Otol Neurotol.*

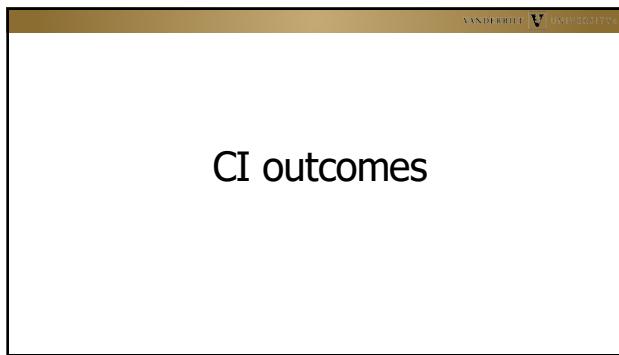
Children

~50 to 59% utilization

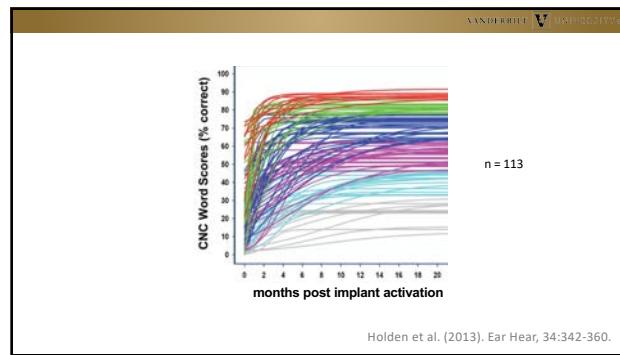
- Sorkin & Buchman (2016). *Otol Neurotol.* 37(2):e161-164.

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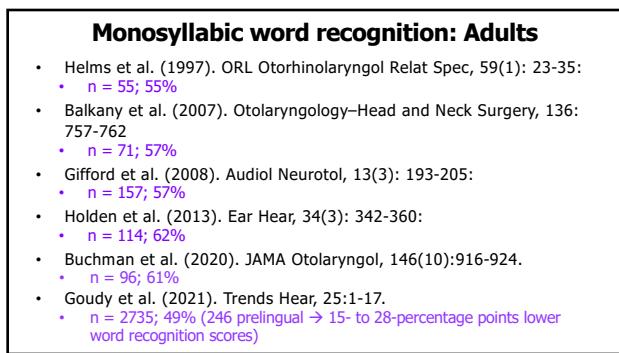
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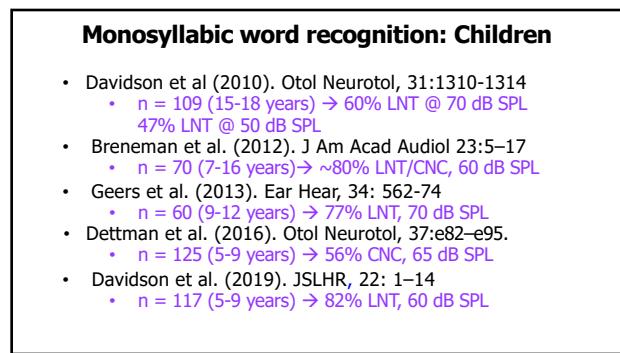
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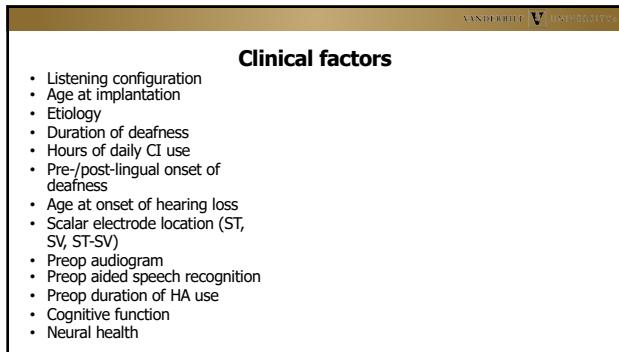
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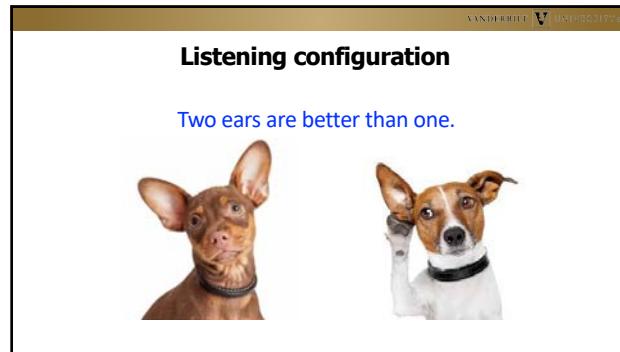
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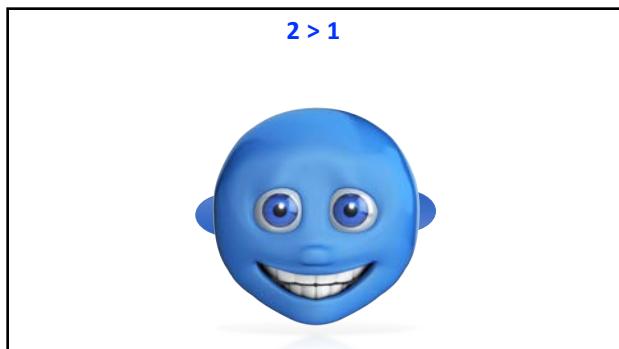
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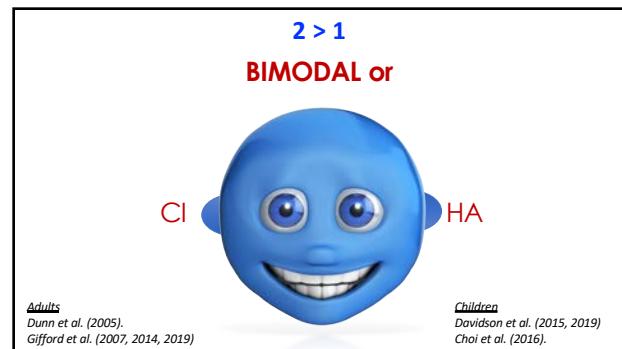
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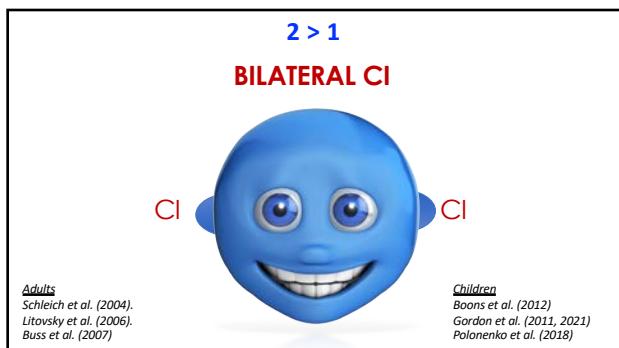
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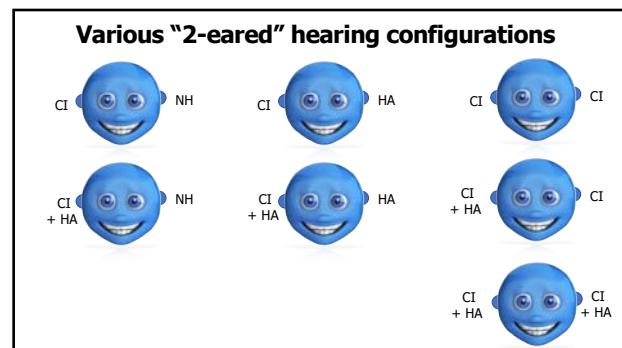
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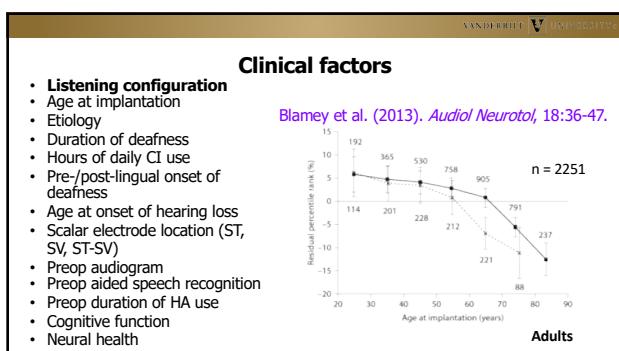
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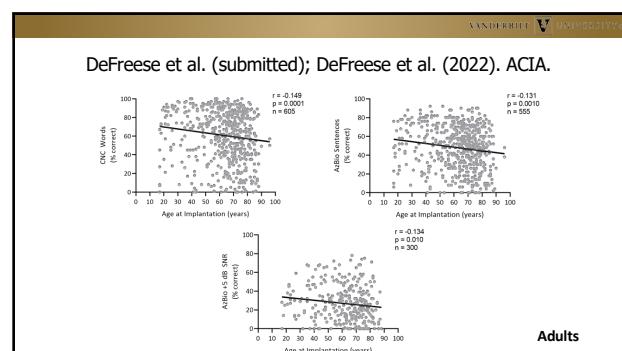
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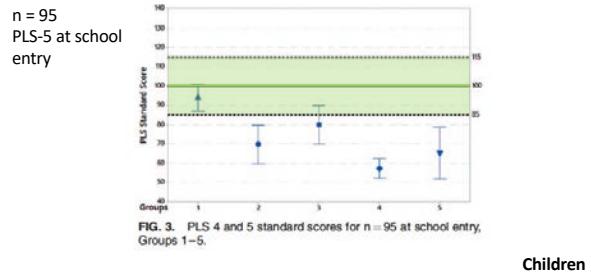


18

Influence of patient age on adult CI outcomes

- Yea:** Blamey et al. 2013 (n = 2251); Roberts et al., 2013 (n = 113); Sladen & Zappler, 2015 (n = 40); Crowson et al., 2020 (n = 1604)
- Nay:** Carlson et al., 2010 (n = 232); Budenz et al., 2011 (n = 108); Lenarz et al., 2012 (n = 1005); Chen et al., 2013 (n = 445); Bergman et al., 2020 (n = 40)

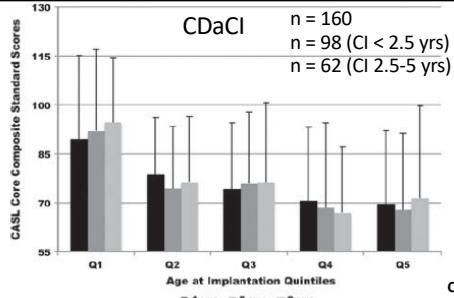
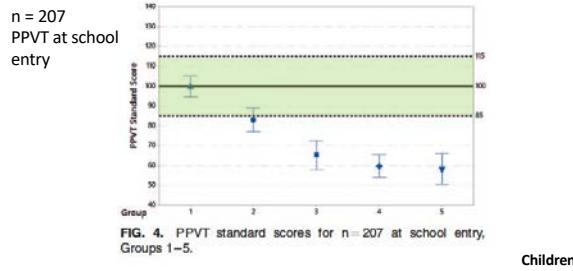
Dettman et al. (2016). Otol Neurotol, 37:e82–e95.



19

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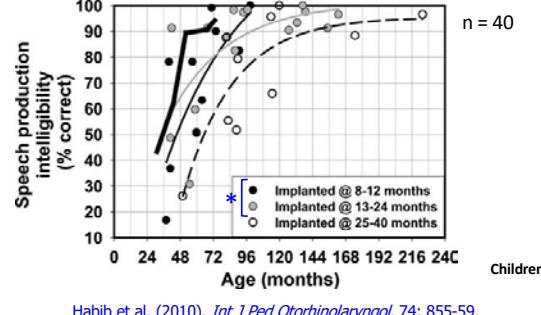
Dettman et al. (2016). Otol Neurotol, 37:e82–e95.



Tobey et al. (2013). Intl J Audiol, 52: 219–229.

21

22



Dettman et al. (2016). Otol Neurotol, 37:e82–e95.

School entry

Group N = 125	Number completed OSW	Mean age at testing (yrs)	Mean device exp (yrs)	Mean OSW % words (SD)	Mean OSW % phon (SD)	Mean OSS % correct (SD)
1. < 12 mo	17	5.1	4.3	58.0 (18.7)	83.8 (8.2)	80.8 (18.5)
2. 13 to 18 mo	23	5.5	4.3	59.3 (15.5)	82.8 (7.9)	78.0 (29.2)
3. 19 to 24 mo	32	5.7	3.9	44.7 (25.2)	72 (19.2)	71.0 (23.3)
4. 25 to 42 mo	30	5.7	3.1	35.8 (23.6)	69.6 (16.2)	53.2 (24.8)
5. 43 to 72 mo	23	6.3	1.9	37.7 (23.7)	68.9 (16.9)	57.3 (29.8)

23

24

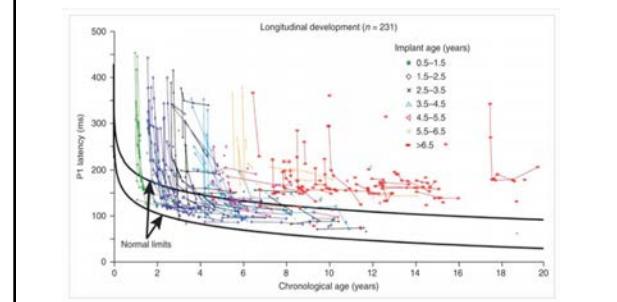
Dettman et al. (2016). Otol Neurotol, 37:e82–e95.

Late primary/early secondary school

Group N = 81	Number complet ed OSW	Mean age at testing (yrs)	Mean device exp (yrs)	Mean OSW % words (SD)	Mean OSW % phon (SD)	Mean OSS % correct (SD)	n = 81
1. < 12 mo	10	9.1	8.3	83.7 (7.5)	93.7 (3.3)	96.4 (5.3)	
2. 13 to 18 mo	16	9.4	8.1	74.8 (8.7)	90.1 (4.2)	93.9 (6.3)	
3. 19 to 24 mo	13	9.3	7.6	75.5 (17.6)	90.1 (8.3)	90.2 (9.5)	
4. 25 to 42 mo	27	9.6	6.9	53.9 (19.7)	77.8 (11.2)	75.3 (21.4)	
5. 43 to 72 mo	15	9.6	5.0	48.2 (23.4)	74.1 (15.4)	79.9 (19.9)	

25

Sharma et al. (2007). Int J Audiol, 46: 494-499.



26

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Clinical factors

- Listening configuration
- Age at implantation
- Etiology
- Duration of deafness
- Hours of daily CI use
- Pre-/post-lingual onset of deafness
- Age at onset of hearing loss
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- Cognitive function
- Neural health

27

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Etiology: Adults

Blamey et al., 2013. Audiol Neurotol, 18:36-47

- Better outcomes:
 - sudden, genetic, Meniere's disease, otosclerosis
- Poorer outcomes:
 - meningitis, temporal bone fracture, ANSD

28

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Etiology: Children

- Better outcomes:
 - Genetic factors not affecting spiral ganglion
 - GJB2
 - Reading (Bauer et al., 2003)
 - Auditory development (Abdurehim et al., 2017; Wu et al., 2011)
 - Speech recognition (Cullen et al., 2004; Abdurehim et al., 2017)
 - Non-syndromic
 - Auditory development (Lee et al., 2022)
- Poorer outcomes:
 - Cochlear Nerve Deficiency (CND) (Wu et al., 2015; Lee et al., 2022)
 - Syndromic (Lee et al., 2022)
 - cCMV (Malik et al., 2011; Corazzi et al., 2022)

29

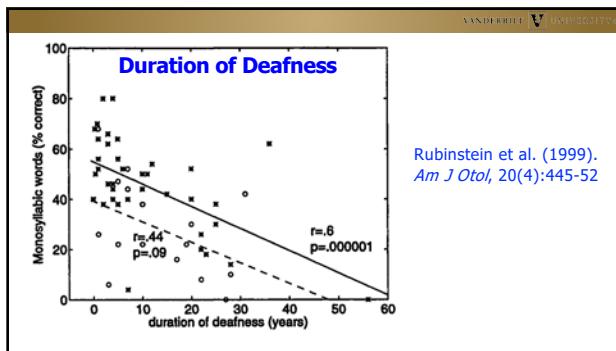
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Clinical factors

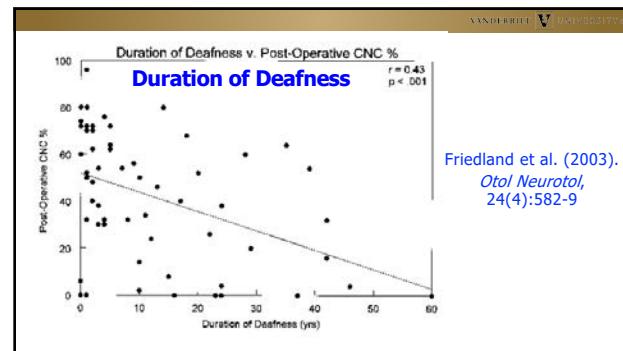
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- Rubinstein et al., 1999. Am J Otol, 20(4):445-52.
- Leung et al. (2005). Arch Otolaryngol Head Neck Surg, 131(12):1049-54.
- Friedland et al. (2004). Otol Neurotol, 24(4):582-9.
- Roditi et al. (2009). Otol Neurotol, 30(4):449-54.

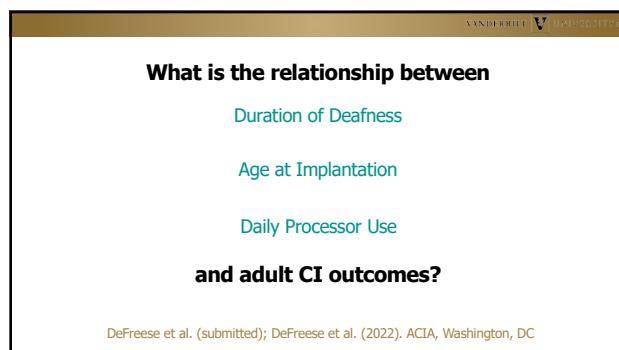
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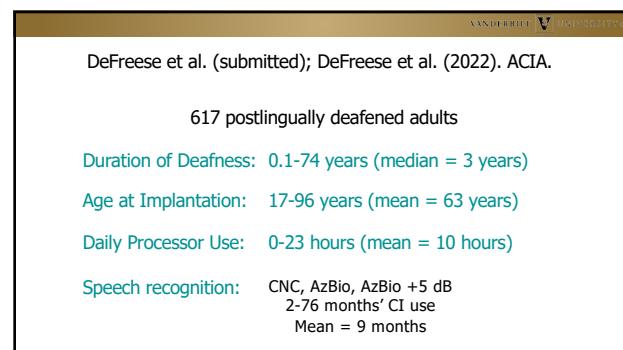
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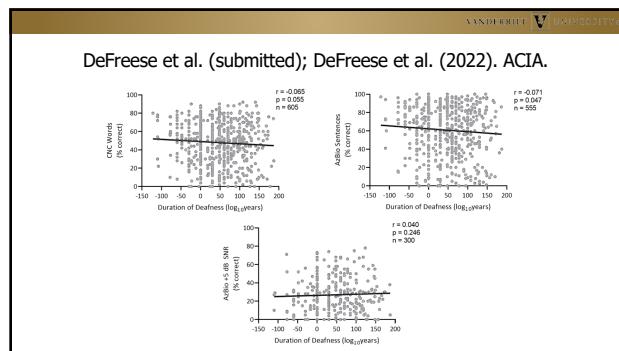
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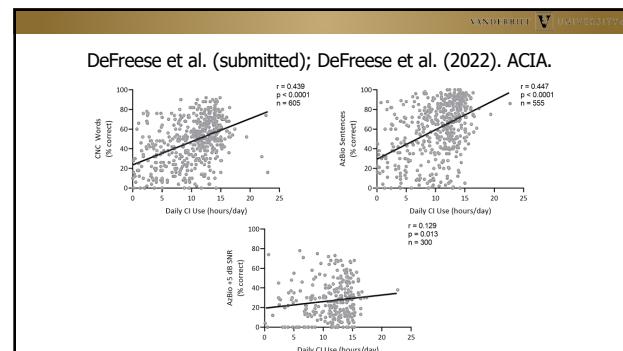
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34



35



36

DeFreese et al. (submitted); DeFreese et al. (2022). ACIA.

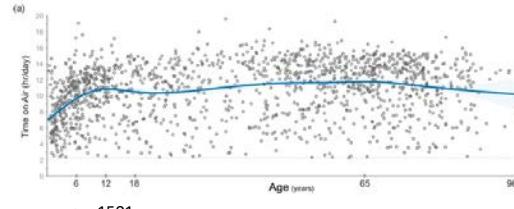
Variance in Post-Operative Speech Recognition Outcomes Explained Jointly and Uniquely by Daily Processor Use, Age at Implantation and Duration of Deafness

	Unique Variance Explained	Daily Processor Use	Age	Duration of Deafness	Total Variance Explained
CNC Words Quiet	19.4%*		1.2%	0.7%	21.3%*
AzBio Sentences Quiet	19.8%*		0.8%	0.6%	21.2%*
AzBio Sentences Noise	2.6%		0%	0%	2.6%

Note. * p < .001

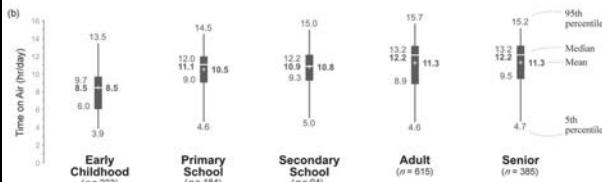
n = 614
postlingually deafened, adult CI recipients

Busch et al. (2017). JSLHR, 60: 1362-1377.



37

Busch et al. (2017). JSLHR, 60: 1362-1377.



Easwar et al. (2016). JAAA, 27(10): 824-838.

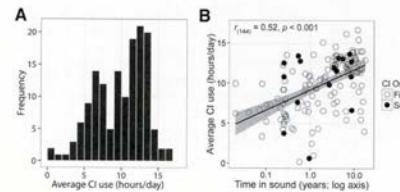
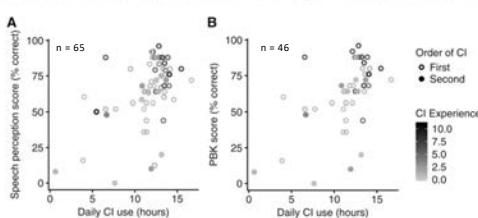


Figure 2. (A) Distribution of CI use per day. (B) Variation in CI use per day with time in sound. Gray-shaded region represents standard error.

39

40

Easwar et al. (2018). JAAA, 29: 835-846.

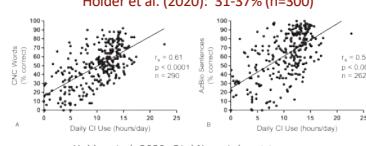


Clinical factors

- Listening configuration
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Hours of daily CI use

Schwartz-Leyzac et al. (2019): 16-19% (n=177)
Holder et al. (2020): 31-37% (n=300)



Causality?

41

42

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Holder & Gifford (2021). *J Speech Lang Hear Res*, 64(10):4044-4055

Purpose: Investigate causal relationship between CI wear time and speech recognition

- 20 adult CI recipients
 - mean age = 55.1 years (18-79 yrs)
 - 12 female
- 12+ months CI experience
 - 9 AB, 11 Cochlear
- Daily CI wear time < 10 hrs/day
 - Mean = 5.9 hrs (0-10 hrs/day)
- Willingness to increase daily wear time

**Jourdan Holder, AuD, PhD
Assistant Professor**

43

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Holder & Gifford (2021). *J Speech Lang Hear Res*, 64(10):4044-4055

Visit 1: 5.9 hrs

- Range: 0-10 hrs

Visit 2: 8.9 hrs

- Range: 1-13 hrs

Participant Number	Visit 1 (hrs)	Visit 2 (hrs)
1	12	10
2	10	11
3	8	12
4	10	9
5	3	11
6	8	8
7	9	8
8	10	8
9	12	11
10	10	10
11	11	10
12	8	9
13	3	10
14	7	8
15	8	7
16	10	9
17	10	9
18	11	10
19	10	10
20	12	11

44

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Holder & Gifford (2021). *J Speech Lang Hear Res*, 64(10):4044-4055

For every 1 hour increase:

- CNC: 3-percentage points
- AzBio quiet: 2.4-percentage points
- AzBio +10 dB: 7.0-percentage points

**AzBio +10 dB: 25%
5 hours/day
Increase to 10 hours/day
AzBio +10 dB → 60%**

45

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Holder et al. (2022). *Otol Neurotol*, 43:e23–e29.

Development and validation of the Cochlear Implant Use Questionnaire (CIUQ)

- Based on Information-Motivation-Behavioral skills (IMB) model for identifying factors that contribute to successful medication adherence
 - Amico et al. (2005). AIDS Behav, 13:66–75.
 - Mayberry et al. (2014). Diabetes Care, 37:1246–53.
- n = 100
- Purpose: identify daily CI use habits and barriers to daily CI use using the IMB model

Method	n	Mean (hr)
Data logging	100	10
Participant report	100	13

46

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Holder et al. (2022). *Otol Neurotol*, 43:e23–e29.

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CIUQ free download: <https://www.vumc.org/cochlear-implant-lab/whats-new>

47

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48

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Pre- vs. Post-lingual onset

Chakravorti et al. (2019). Otol Neurotol; n = 220
Goudey et al. (2021). Trends Hear; n = 2735
• Prelingual onset → 15 to 30 points lower

49

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Clinical factors

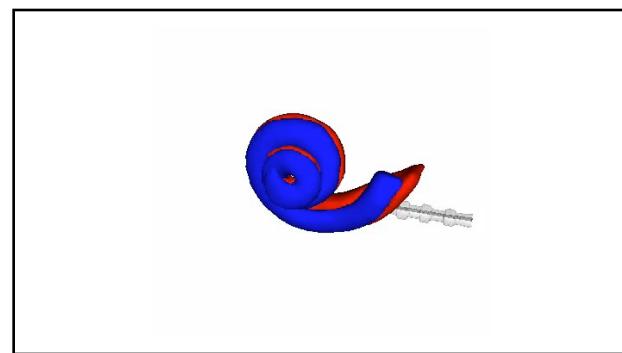
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50

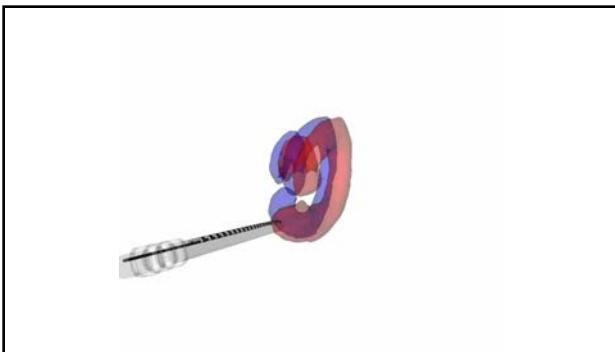
Scalar electrode location

- Percentage of electrodes in scala tympani → better outcomes
 - Finley et al. (2008). Otol Neurotol, 29(7):920-8.
 - Holden et al. (2013). Ear Hear, 34(3):342-60.
 - Wanna et al. (2014). Laryngoscope, 124(Suppl 6):S1-7.
 - O'Connell et al. (2016). Laryngoscope, 37(8):1032-5
 - Schaul et al. (2018). J Laryngol Otol, 132(11):1000-1006.
 - Chakravorti et al. (2019). Otol Neurotol, 40:617-624.

51



52



53

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54

Clinical factors: Adult outcomes

- Listening configuration
- Age at implantation
- Etiology
- Duration of deafness
- Hours of daily CI use
- Age at onset of hearing loss
- Pre-/post-lingual onset of deafness
- Scalar electrode location (ST, SV, ST-SV)
- Preop audiogram
- Preop aided speech recognition
- Preop duration of HA use
- Cognitive function
- Neural health

55

Clinical factors: Adult outcomes

- Listening configuration
- Age at implantation
- Etiology
- Duration of deafness
- Hours of daily CI use
- Age at onset of hearing loss
- Pre-/post-lingual onset of deafness
- Scalar electrode location (ST, SV, ST-SV)
- Preop audiogram
- Preop aided speech recognition
- Preop duration of HA use
- Cognitive function
- Neural health

11-20% of the variance in CI outcomes

Blamey et al. (1996): n = 808
 Lazard et al. (2012): n = 2251
 Blamey et al. (2013): n = 2251
 Goudey et al. (2021): n = 2735

56

Clinical factors: Adult outcomes

- Listening configuration
- Age at implantation
- Etiology
- Duration of deafness
- Hours of daily CI use
- Age at onset of hearing loss
- Pre-/post-lingual onset of deafness
- Scalar electrode location (ST, SV, ST-SV)
- Preop audiogram
- Preop aided speech recognition
- Preop duration of HA use
- Cognitive function
- Neural health

57

Clinical factors: Adult outcomes

- Listening configuration
- Age at implantation
- Etiology
- Duration of deafness
- **Hours of daily CI use**
- Age at onset of hearing loss
- Pre-/post-lingual onset of deafness
- **Scalar electrode location (ST, SV, ST-SV)**
- Preop audiogram
- Preop aided speech recognition
- Preop duration of HA use
- **Cognitive function**
- **Neural health**

Cognitive function
 Zhan et al. (2020): 23-36% (n=19)
Neural health
 Fitzpatrick et al. (2014): 47% (n=84)
 Fontenot et al. (2019): 15% children, 46% adults (n=284)
Combined cognition + neural health
 Walia et al. (2022): 60% (n=35)
Transcalar displacement
 Holden et al. (2013): 11-12% (n=113)
 Chakravorti et al. (2019): 9-16% (n=224)
Hours of daily CI use
 Schwartz-Leyzac et al. (2019): 16-19% (n=177)
 Holder et al. (2020): 31-37% (n=300)

~10-60% of the variance in CI outcomes

58

Other factors for consideration

59

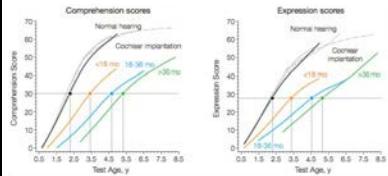
Niparko et al (2010). JAMA. 303(15):1498-506

- CDaCI study
 - Childhood Development after Cochlear Implantation Study
- Multi-center, longitudinal study (6 CI centers)
- n = 188
- Compares children who have CI(s) to similarly aged peers with NH across multiple domains
 - oral language development
 - auditory performance
 - psychosocial and behavioral functioning
 - quality of life.

60

Niparko et al (2010). JAMA. 303(15):1498-506

Age at implantation



Hearing age
Family income > \$50,000
Maternal education
Parent-child interactions

No difference in nonverbal IQ

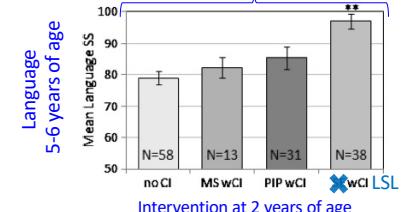


FIG. 3. Mean standard score across a battery of language tests at ages 5 to 6 years is plotted for 4 different interventions at age 2 years: no CI (no CI or intervention), MSwCI (MS class with CI), PIPwCI (PIP with a CI), and LSLwCI (LSL class with a CI).

Moog and Geers (2010). Otol Neurotol, 31(8):1315-9

61

62

Pediatric CI outcomes: additional factors

- Preschool educational environment (Moog & Geers, 2010)
- Mode of communication (Tobey et al., 2004)
- Prolonged use of sign language "by non-proficient signers" (Geers et al., 2017; Langereis & Vermeulen, 2015)
- Comorbidities (Ching et al., 2013)
- Anatomy

CI manufacturer



63

64

Davis et al. (2016). Otol Neurotol, 37(1):31-7.

n = 157

	Brand	Array Type	Electrode	Fully ST	CNC	AzBio Q	AzBio +5	AzBio +10	SMD 0.5	SMD 1.0	APHAB	Distance	Max Angle
Brand	-0.688												
Array Type	0.995	-0.450											
Electrode	-0.368	0.418	-0.255										
CNC	-0.068	0.097	-0.045	-0.023									
AzBio Q	-0.052	0.054	-0.043	-0.131	0.850								
AzBio +5	0.032	-0.010	0.035	-0.182	0.724	0.865							
AzBio +10	-0.054	0.139	-0.017	-0.218	0.596	0.684	0.877						
SMD 0.5	-0.014	0.048	0.000	-0.139	0.481	0.515	0.434	0.444					
SMD 1.0	-0.126	0.119	-0.109	-0.067	0.428	0.443	0.439	0.469	0.734				
APHAB	0.181	-0.180	0.154	-0.035	-0.468	-0.473	-0.512	-0.544	-0.239	-0.305			
Distance	0.608	-0.776	0.457	-0.376	-0.188	-0.111	-0.089	-0.218	-0.145	-0.178	0.216		
Max Angle	0.651	-0.436	0.628	-0.246	0.097	0.039	0.123	0.056	0.075	-0.048	0.064	0.223	

CNC Performance

MED-EL: 46%, Advanced Bionics: 47%, Cochlear: 50%

DeFreese et al. (submitted); DeFreese et al. (2022)

	Advanced Bionics	Cochlear Americas	MED-EL
Biological Sex (% female)	40%	47%	41%
Age at Implantation (mean years)	64.4	62.0	65.0
Duration of Deafness (mean years)	7.0	6.4	7.1
Duration of Daily Processor Use (mean hours/day)	9.9	10.9	9.8
CI-Only Speech Recognition (mean % correct)	CNC: 48% AzBio Quiet: 57% AzBio Noise: 24%	CNC: 49% AzBio Quiet: 64% AzBio Noise: 28%	CNC: 44% AzBio Quiet: 59% AzBio Noise: 31%

n = 614
postlingually deafened, adult CI recipients

65

66

Precurved > straight (maybe)

Chakvorti et al. (2019). *Otol Neurotol*, 40:617-624.
n = 220 (postop imaging)

Holder et al. (2019). *Otol Neurotol*, 40: 1160-66.
n = 58 (no postop imaging)

Heutink et al. (2021). *Ear Hear*, 42:949-960.
n = 129 (postop imaging)

Sturm et al. (2021). *Otol Neurotol*, 42(4):532-539.
n = 119 (no postop imaging)

Caswell-Midwinter et al. (2022). *Trends Hear*, 26: 23312165211060983.
n = 425 (no postop imaging)



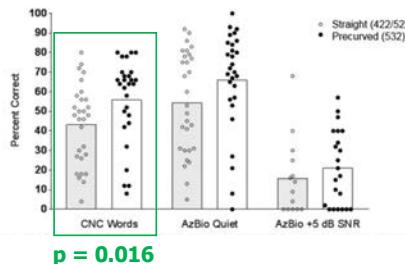
67

Holder et al. (2019). *Otol Neurotol*, 40: 1160-66.

- n = 58
- 29 CI422/CI522, 29 CI532
- Matched cohort comparison—6 months post activation
 - Age
 - Preoperative audiometric thresholds
 - No significant difference between groups for preop CNC word rec or postop daily CI use

68

Holder et al. (2019). *Otol Neurotol*, 40: 1160-66.



69

But, some studies show straight = pre-curved

MacPhail et al. (2022). *Otolaryngol Head Neck Surg*, 166(5):943-950.
n = 89 (no postop imaging)

Moran et al. (2019). *Otol Neurotol*, 40(5): 608-616.
n = 133 (no postop imaging)

Fabie et al. (2018). *Otol Neurotol*, 39(9):1122-1128.
n = 328 (no postop imaging)

70

And, some studies show straight > pre-curved

O'Connell et al. (2016). *Otol Neurotol*, 37(8):1032-5.
n = 56 (postop imaging)

Wanna et al. (2014). *Laryngoscope*, 124 Suppl 6:S1-7
n = 100 (postop imaging)

71

Scalar electrode location and electrode type

Chakravorti et al. (2019). Otol Neurotol, 40(5):617-624

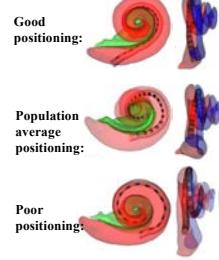
- Dataset: 220 CI implanted ears from an IRB-approved database of CI users who underwent post-operative CT scanning
- Test scores used: CNC Monosyllabic Words, BKB-SIN Final CI position determined by segmenting cochlear anatomy and automatically localizing the electrodes on postoperative CTs

Manufacturer	Straight Arrays	Precurved Arrays
Advanced Bionics (AB)	Hifocus 1J (29)	Mid-Scala (21)
Cochlear (CO)	422/522 (20), 24RE(ST) (11)	Contour Advance (89)
Med-El (ME)	Flex24 (3), Flex28 (22), Medium (1), Standard (24)	—

73

Case study:

- Male, CI at 35 y/o
- Postlingual
- 5 years CI experience


Using Precurved array

	ST Insertion	Mean Intertrochlear Distance (IMD) (mm)	Base Insertion Depth (BID) (mm)	CNC score
Good Positioning	1	0.18	0	82% [66.30%, 97.83%]
Average Positioning	0.51	0.48	2.32	56%
Poor Positioning	0	0.78	4.64	30% [14.71%]

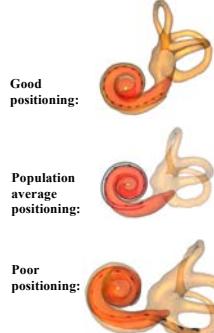
74

Case study:

- Male, CI at 35 y/o
- Postlingual
- 5 years CI experience

Using Straight array

	Base Insertion Depth (BID) (mm)	CNC score
Good Positioning	6.24	68% [56.30%, 80.20%]
Average Positioning	1.42	52% [45.50%, 58.67%]
Poor Positioning	-3.4	36% [24.50%, 47.33%]


Case study:

- Male, CI at 35 y/o
- Postlingual
- 5 years CI experience

	Precurved Array	Straight Array
Good Positioning	82% [66.30%, 97.83%]	68% [56.30%, 80.20%]
Poor Positioning	30% [14.71%, 44.51%]	36% [24.50%, 47.33%]

75

76

Stimulation Rate

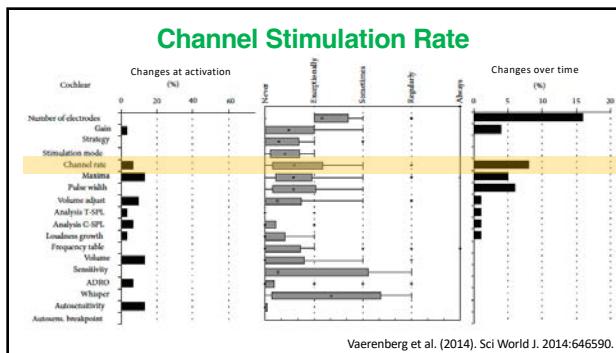
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Stimulation Rate

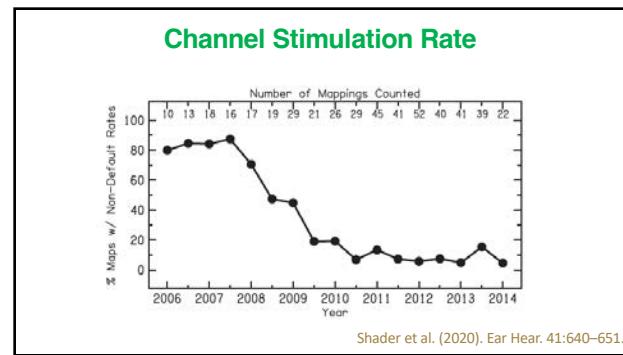
- Channel stimulation rate:** # of biphasic pulses delivered to a *single electrode* over a 1-sec period
 - earliest CIs ~100-250 pps
 - current CIs ~900-2000 pps (250 up to ~4000 pps)
- Overall stim rate** = channel stim rate * # active channels (per frame)
 - AB: 83k; Cochlear: 32k; MED-EL: 51k
 - Higher stim rates *should* provide greater temporal representation
 - greater sampling of input acoustic signal
 - Electric stimulation → highly synchronous ANF firing patterns
 - higher stim rates → greater ANF stochasticity
 - higher stim rates → wider dynamic range
 - Lower thresholds (T/THR), no change to C/M/MCL

77

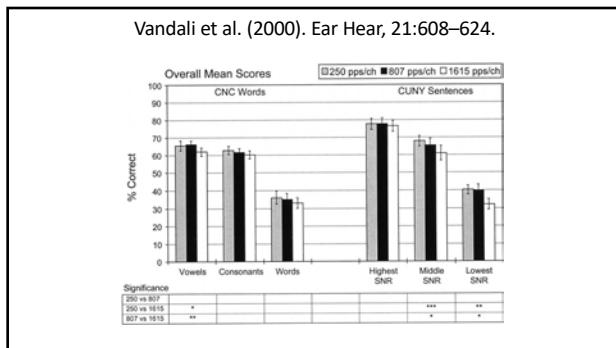
78



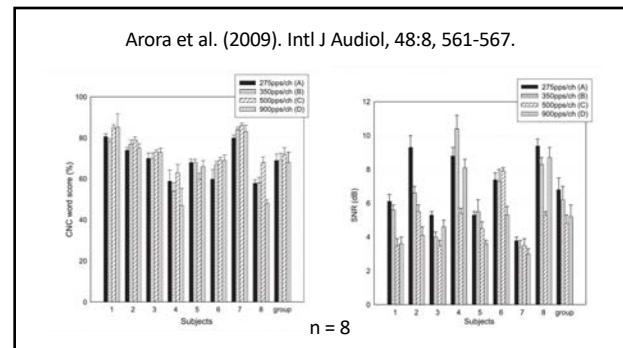
79



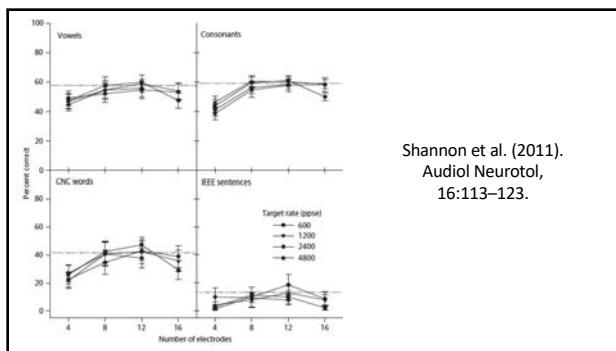
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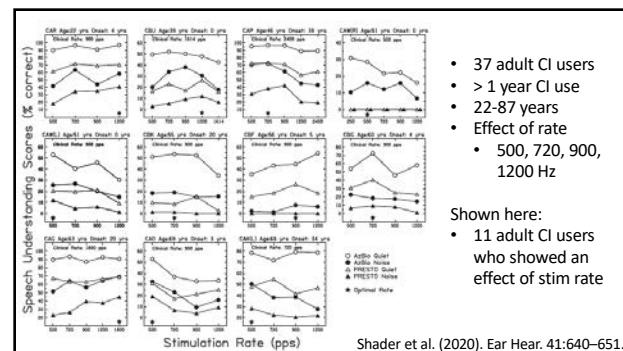
81



82



83



84

Summary

- 2 ears are better than 1
- Age at implantation
 - Critical for children, may be less important for adults
 - confounding factors in adulthood such as cognition and communication experiences
- Electrode position
 - ST > SV or ST-SV
 - Precurved > straight
 - But only when precurved is in ST; translocation → poorer outcomes
 - There are studies showing the opposite or equivocal outcomes
- Etiology
- Preschool educational environment, communication mode, comorbidities, anatomical anomalies, SES, sign language, etc.
- **Daily CI wear time**

85

Questions? Comments?

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86